



Ottawa Food Bank



# Year in Review

## 2012 - 2013

### OUR MISSION

To collect and distribute food to member agencies serving people in need in the Ottawa area.

### OUR VISION

That no one goes hungry in the Ottawa area.

 Top Pick **Charity** 2012

[www.ottawafoodbank.ca](http://www.ottawafoodbank.ca)



**MICHAEL MAIDMENT**  
EXECUTIVE DIRECTOR  
OTTAWA FOOD BANK

## A MESSAGE FROM THE EXECUTIVE DIRECTOR

The word “giving” is defined as “freely transferring the possession of something to someone”. Every day in our great community people give to the Ottawa Food Bank so that we in turn may give to people in need. Kind people give money, give food, and they give their time so that those among us, who have less, can have more.

Last year, upwards of 50,000 people each month received the gift of food. A mother and father slept better knowing their child’s stomach was full. A resident of a homeless shelter came in from the cold and warmed themselves with a hot meal. A child sitting in a school classroom was able to focus on what the teacher was saying instead of their grumbling stomach. An elderly neighbour struggling to live on a fixed income was able to purchase critical medication having received a gift of food.

When I joined the Ottawa Food Bank team in September 2013, I was struck by the reach of the organization within the community. There are few organizations, if any, who have an impact on so many parts of our city. I challenge you to find a corner of Ottawa where we were not at work or an agency for which we don’t provide food. I was also surprised by the Ottawa Food Bank’s incredible efficiency with the gifts received from donors. Just 4% of funds donated to the organization are spent on administration – the rest, 96%, is invested in providing the gift of food to people in need.

The following report will tell you more about how the Ottawa Food Bank is improving the lives of those we serve. It will explain that we grew 50,000 pounds of fresh vegetables on a local farm who gave us four acres of land to use. It will show that more than \$9.6 million of food was donated to the Ottawa Food Bank by generous supporters. The report will also tell you that we are increasing our focus on providing the healthiest, most nutritious food we can and that last year nearly half or 3.32 million pounds of the food we provided was fresh fruit, vegetables, bread, dairy, eggs, beef and chicken.

Lastly, thank you for supporting the Ottawa Food Bank and allowing our organization to meet the needs of our community.



**DIANE MORRISON**  
RETIRED EXECUTIVE DIRECTOR  
THE OTTAWA MISSION

## A MESSAGE FROM THE CHAIR OF THE BOARD

I am honoured to be serving as Chair of the Ottawa Food Bank’s Board of Directors. As we review our accomplishments for the past fiscal year, 2012-2013, I want to extend thanks and gratitude, on behalf of our board and staff, to Michael G. Adams, for his exceptional work as Chair over the past two years. This past year, we also said goodbye to Executive Director, Peter Tilley, and thanked him for 19 years of leadership and innovation. We wish him well in his future endeavours.

This is a message of appreciation to the Ottawa community, who contributes so much to the fight against hunger. Whether it’s volunteering time, making a monetary donation, or donating food, our community cares and makes a difference. I would like to recognize and thank the staff and volunteers at our member agencies; they see hunger, up close, every day. They provide compassionate service to the community.

I would also like to express my sincere appreciation to the dedicated staff team of the Ottawa Food Bank. Thank you for your passion for helping hungry people in our community.

This past year has been a year of transformation. Most critical is that the Ottawa Food Bank and the surrounding community are focussing on healthier food, especially for young children. To make this happen, we rely on food donations and programs such as Community Harvest and Food Aid, and partners, which include the grocery store industry and the Chicken Farmers of Canada. Together, we are providing a healthier lifestyle for our community.

Our new Executive Director, Michael Maidment. He will continue to transform the work of the Ottawa Food Bank and how we serve those in need. Thank you to all who are making a difference in the lives of others. I look forward to being a part of the fight against community hunger in 2014.

## BOARD OF DIRECTORS

### CHAIR

**Diane Morrison**  
Retired Executive Director  
The Ottawa Mission

### VICE CHAIR

**David K. Law**  
Partner  
Gowlings

### TREASURER

**Natalie Evans**  
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Advisory Services  
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Levitz, LLP

### SECRETARY

**Barbara Carroll**  
Executive Coordinator  
Debra Dynes Family Centre

### PAST CHAIR

**Michael G. Adams**  
Senior Vice-President  
Brookfield Soundvest Capital  
Management

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Principal  
Carson Grove Elementary School

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Congress of Aboriginal Peoples

### Sheila Fraser

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Commercial Services Division  
CF Moral & Welfare Services  
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### Graham Richardson

Anchor  
CTV Ottawa News at 6

### Sarah Roncarelli

Strategy Director  
Fifty Strategy & Creative

### Louisa Simms

Executive Coordinator  
Heron Road Food Centre

# FOOD DISTRIBUTION: FISCAL YEAR 2012-2013

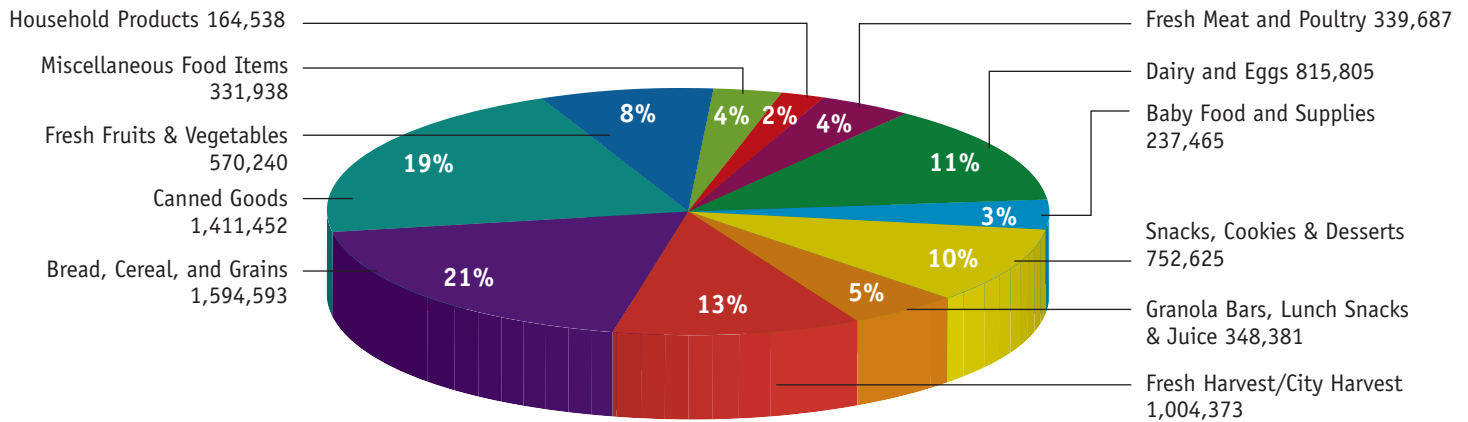
The Ottawa Food Bank continued to meet the demand in the community throughout Fiscal 2012-2013 by supplying a record amount of food to our member agencies. The last year saw the expansion of the Ottawa Food Bank's warehouse which created the space needed for an improved food sorting process and improvements to food storage and distribution. Fiscal 2012-2013 also saw the completion of

further warehouse improvements, including the installation of a new commercial freezer unit donated by Baton Rouge Restaurants.

The value of donated food to the Ottawa Food Bank over the course of the year was an incredible \$9,689,220 or 4,844,610 pounds. This food was donated through special food drives and through the Red Cage Program which collects food donations in local grocery stores throughout the city.

The Ottawa Food Bank purchased \$1.3 million or 1,722,060 pounds of food during the fiscal year which included fresh food items that are not donated and food purchased to fill gaps in donated food. With the volume of food purchased and the special pricing we have negotiated with our food vendors, the Ottawa Food Bank is able to turn each \$1 donated into approximately \$5 worth of food.

## FOOD DISTRIBUTION NUMBERS BY CATEGORY (IN POUNDS)



TOTAL = 7,571,097 lbs.

Total value of **PURCHASED** food = \$3,444,120    Total value of **DONATED** food = \$9,689,220

## SUMMARY OF FINANCIAL STATEMENTS (CONDENSED): FISCAL YEAR 2012-2013

Fiscal 2012-2013 was another successful year in terms of revenues, however increased expenses due largely to the completion of the warehouse expansion caused the organization to end the year in a deficit position. Overall revenues grew 6% as compared to the previous year as a result of increased financial support from individual donors, reflected in a 5% growth in Direct Mail revenue. Corporate support also grew as compared to the previous year as the Ottawa Food Bank continued to benefit from long-time supporters such as the Mechanical Contractors Association. Overall expenditures increased 8% over the previous fiscal year. As in

previous years, the organization's two largest expenditures are food purchases and salaries. Food purchases increased over the previous year as food costs and demand from agencies grew as did salary and benefits costs as two contract workers became permanent employees. The organization also saw increases in rent and related operating costs such as utilities as a result of the warehouse expansion. Lastly, the costs related to the delivery of food to the Ottawa Food Bank's 140 member agencies and the pickup of food donations are \$427,420. This amount includes transportation salaries, fuel, and vehicle maintenance.

### REVENUES

General Donations	\$824,716
Corporate Donations, Other Grants, Planned Giving	\$444,850
Direct Mail	\$1,411,282
Special Events, Other Revenues	\$876,067
City of Ottawa	\$317,325
<b>Total Revenues</b>	<b>\$3,874,240</b>

### EXPENSES

Food Purchases	\$1,288,168
Salaries, Benefits, & Contracts	\$1,428,043
Rent & Operations	\$702,146
Food Raising, Fund Raising, & Promotions	\$464,972
Depreciation	\$106,305
<b>Total Expenses</b>	<b>\$3,989,634</b>

Net Revenue \$(115,394)

# MEMBER AGENCIES

The Ottawa food Bank is the central food collection, storage, and distribution centre for a network of community food programs throughout Ottawa. These programs are our member agencies, which include community food banks, food cupboards, meal programs, multi-service programs, and school breakfast and snack programs. Based on each agency's need, we fairly distribute donated and purchased food to our members in the most efficient way possible. Our member agencies adhere to guidelines, including the fair and respectful treatment of clients, and standards of food handling and distribution.

## COMMUNITY FOOD BANKS

Alfred Food Bank  
Banff Avenue Community House  
Banque Alimentaire C.C.S. Food Bank  
Britannia Woods Food Pantry  
Caldwell Family Centre  
Centretown Emergency Food  
Confederation Court Community House  
Dalhousie Food Cupboard  
Debra Dynes Family House  
Foster Farm Family House  
Gloucester Emergency Food Cupboard  
Heron Emergency Food Centre  
LifeCentre Food Bank  
Lighthouse Emergency Food Centre  
Lowertown Community House  
Morrison Gardens Emergency Food Centre  
Nativity Parish  
Orleans-Cumberland Emergency Food Program  
Rideau Rockcliffe Emergency Food Program  
Parkdale Food Center  
Partage Vanier  
Pavilion Food Bank  
Pinecrest Terrace Family House - Food Bank  
Riceville Food Centre  
Rockland Help Centre  
Russell Heights Community House  
Sadaqa Food Bank  
Samaritan Support Services of Ottawa-Carleton  
Stittsville Foodbank  
Westboro Region Food Bank

## FOOD CUPBOARDS

All Nations Full Gospel Church  
Better Beginnings / Better Futures  
Carleton University Food Centre  
Carlington CHC  
Catholic Immigration Services  
Centre Psycho Social  
Cité Collégiale  
Elizabeth Wynn Wood Alternate Program  
Harmony House  
John Howard Society - McLaren  
John Howard Society - Ste. Anne  
Kosher Food Bank  
Pinecrest Queensway Health and Community Services  
Sandy Hill Community Health Centre  
SFUO Bon Appetit Food Bank  
Richard Pfaff Secondary Alternate Program  
Tungasuvvingat Inuit Family Resource Centre

Youth Services Bureau - Besserer  
Youth Services Bureau - Carruthers  
Youth Services Bureau - Cooper  
Youth Services Bureau - McEwen  
Youth Services Bureau - Nelson  
Youth Services Bureau - Queen Mary  
Youville Centre

## KICKSTART AFTER 4 CLUB PROGRAMS

After 4 Club - Banff Avenue  
After 4 Club - Blair Court  
After 4 Club - Britannia Woods  
After 4 Club - Caldwell/Carlington  
After 4 Club - Carlington CHC  
After 4 Club - Christie Lake Kids  
After 4 Club - Club 310  
After 4 Club - Confederation Court  
After 4 Club - Debra Dynes  
After 4 Club - Emily Murphy  
After 4 Club - Foster Farm Breakfast  
After 4 Club - Groupe ADEP  
After 4 Club - Foster Farm Community House  
After 4 Club - Leading Note Foundation  
After 4 Club - Meadowlands Public School  
After 4 Club - Michelle Heights  
After 4 Club - Morrison Gardens  
After 4 Club - Rideau Rockcliffe / Leetian & Isaac  
After 4 Club - Pinecrest Terrace  
After 4 Club - Russell Heights  
After 4 Club - Strathcona Heights

## KICKSTART BREAKFAST PROGRAMS

Adult High School  
Alta Vista Public School  
Cambridge Street Public School  
Carson Grove Elementary School  
Charles H. Hulse Public School  
Charlotte Lemieux, Ecole Elementaire  
Connaught Public School  
École la Vérandrye  
École le Carrefour  
École Pavillon Samuel-Genest  
École Petit-Prince  
Glashan Intermediate School  
Gloucester High School  
Hawthorne Public School  
J.H. Putman School  
Manor Park Public School  
Marie-Curie École Élémentaire Publique  
Notre Dame High School

Our Lady of Mount Carmel  
Pinecrest Public School  
Riverview Alternative School  
Robert Bateman Public School  
Robert E. Wilson Public School  
Severn Avenue Public School  
St. Michael Catholic School  
St. Nicholas Adult High School  
St. Nicholas Graham Campus  
Vincent Massey Public School

## MEAL PROGRAMS

APPLE  
Britannia Woods Grab and Go  
Centre 454 - Anglican Social Services  
Centre 507  
Christie Lake Kids  
Cornerstone 172  
Cornerstone 314  
Cornerstone 515  
The Door Youth Centre  
Empathy House of Recovery  
Foster Farm Lunch & Breakfast Program  
Heather Manor  
Jericho Road Ministries  
Life House 2nd Stage - Ottawa Mission  
Parkdale United Church - In from the Cold  
Rideauwood Addiction and Family Services  
Somerset West CHC Drop-in  
St. Luke's Lunch Club  
Vesta Recovery Program for Women  
Woodlawn - Ottawa Mission

## MULTI-SERVICE PROGRAMS

AIDS Committee of Ottawa (Living Room)  
Capital City Mission  
Centre Espoir Sophie  
Good Day Workshop  
Inner City Ministries  
JF Norwood House  
Minwaashin Lodge  
Odawa Native Friendship Centre  
Operation Come Home  
Ottawa Mission  
Salvation Army - Bethany Hope Centre  
Salvation Army - Booth Centre  
Shepherds of Good Hope  
St. Joe's Women's Centre  
St. Joseph's Parish  
St. Mary's Home and Young Parent Outreach Centre  
The Well

## FOOD INDUSTRY PARTNERS

Our food industry partners make a significant impact in the lives of those in need, and help keep the Ottawa Food Bank's efficiency rate high, through their generous donations of goods and services. Thank you for your continued support.

- Alternative Processing Systems
- Chicken Farmers of Canada
- Costco
- Day and Ross
- Dempster's Canada Bread
- Egg Farmers of Canada
- Erb Transport Limited
- Four Seasons Fruit and Vegetables
- Giant Tiger
- Herb and Spice
- Hospice Food Service
- Loblaws Companies East - National Grocers
- Loblaws Grocery Stores
- McKesson Canada
- Metro Grocery Stores
- Metro Warehouse
- Meyers Transport
- Ontario Association of Food Banks
- Orleans Fresh Fruits
- Red Lobster
- Saputo Cheese G.P.
- Scottish and Irish Store
- Sealtest-Natrel
- Summit Foods
- Sun Tech Tomatoes
- Target Canada Co.
- Vortmans Cookies
- Wal-Mart Canada Corp.
- Weston Bakery

# THANK YOU SUPPORTERS!

The Ottawa Food Bank would like to sincerely thank you, our supporters. Whether you're an individual, family, business, team, or community group, you are recognized, valued, and appreciated as an ambassador in the fight against community hunger. The following is a list of generous supporters who contributed \$1,000 or more during the 2012 – 2013 fiscal year.

## \$1,000 - \$4,999

2Keys Security Solutions  
A. R. Tech  
Accenture Inc.  
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Catherine Creber  
CAW Social Justice Fund  
CCSA Staff Charities  
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Christmas & Winter Relief Association Inc.  
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Claudia Caissie  
CNW Group  
Columbus Club - Council 485  
Conam Charitable Foundation  
Congregation of Notre Dame  
Connie Barrowclough  
Credit Counselling Society  
CSL Behring Canada Inc.  
Cynthia McAninch  
D. J. Turner  
Dairy Farmers of Canada  
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Damian MacLellan  
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Daniel & Joanne Crossman  
Darden Foundation  
David Maertens  
David Montoya  
Deanna Mercer  
Debbie Graham  
Deborah Pelle  
Deborah Zimmerman  
Debra & Kenneth Ingram  
Dennis & Mary Ann Brown  
Derek Jonker  
Diann Whitehead  
DMS Social Committee  
Donald W. Kennedy  
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EMC Corporation  
Emma Tibbo  
ERB Transport Ltd.  
Eric Manchee  
Ericsson Matching Gifts and Volunteer Grant Program  
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Export Development Canada (EDC)  
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Friends of the Central Experimental Farm  
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Lorraine J. Hernandez  
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Luxcom Technologies Inc.  
Lynda Ferris  
Macadamian Technologies Inc.  
MacEwen Foundation  
Manulife Financial  
March Employee Network  
Margaret B. Doolan  
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Marilyn Collins  
Marilynne Drummond  
Marion Bedford  
Mark Fathers  
Marnie Bennett

Mary English  
 Matthew McInnes  
 Matthew Sachs  
 Maurice D'Amour  
 Maxine E. Levesque  
 MBNA Canada Community Relations  
 MDS Aero Support Corporation  
 Meal Exchange  
 Melanie Moore  
 Merkburn Holdings Limited  
 Merkley Supply Ltd.  
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 Ontario Water Works Association  
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 Ottawa Management Fund  
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 Robert Beanlands  
 Robert Bennett  
 Robert Dubue  
 Robert Green  
 Robert J. Eaton  
 Robert Power  
 Robert Ratcliffe  
 Rollande Vézina  
 Rosemary Badcock  
 Ross Webley  
 Roy Layer  
 Rudolf Punt  
 Ryan Schwartz  
 Sahara Foundation  
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 The Keg Steakhouse & Bar  
 The Libyan Society of Ottawa  
 The Mr. Gas Foundation  
 The Orleans Lions Club Inc.  
 The Ottawa-Carleton Public Employees' Union  
 The Pampered Chef of Canada  
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 The Professional Institute of the Public Service  
 of Canada  
 The Redeemed Christian Church  
 The Royal Canadian Legion  
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 The Wesley & Mary Nicol Charitable Foundation  
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## \$5,000 - \$9,999

3M Canada Company  
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 McKenzie Financial Charitable Foundation  
 Ottawa International Airport Authority  
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## \$10,000 +

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 Cisco Systems Canada  
 City of Ottawa  
 Community Foundation of Ottawa  
 Derek & Joan Burney  
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 Estate of James Ross Alguire  
 Filles de la Sagesse du Canada  
 George Weston Limited  
 Human Resources and Skills Development Canada  
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 JP Morgan Chase & Co.  
 Kivuto Solutions Inc.  
 Loaves & Fishes Fund of Ottawa-Carleton  
 Mechanical Contractors Association  
 National Arts Centre Orchestra Players Association  
 Ottawa Guild of Potters  
 Otto's Service Centre Ltd.  
 Otto's Subaru - Westboro Auto Imports Ltd.  
 RBC Foundation  
 Robert Construction  
 Soeurs de la Charité d'Ottawa  
 TD Bank Financial Group  
 TD Canada Trust, Eastern Ontario Region  
 Christmas Cheer Foundation  
 The Ireland Fund of Canada  
 Thrill Hill Productions Inc.

# PROGRAMS

## KICKSTART SCHOOL BREAKFAST, SUMMER CAMP, AND AFTER SCHOOL SNACK PROGRAM



Kickstart is devoted to providing nutritious meals and snacks year-round to school-aged children from low income families. The program strives to ensure that children do not start and end their day on an empty stomach and are given every opportunity to focus on education and play without the distraction, lessened energy, and health impacts related to dealing with hunger. In the 2012/2013 fiscal year, KickStart supported 29 school breakfast programs, 20 After 4 Clubs, and 18 Summer Lunch Programs serving 344,312 breakfasts (September – June), 99,351 snacks, and 13,230 lunches at Community Camp programs during July and August. Nutritious food distributed through this Program included eggs, milk, juice, bread, cheese, whole grain granola bars, fresh fruit and vegetables. The KickStart School Breakfast, Summer Camp, and After School Snack Program helps feed the bodies and minds of children in need in our community.

## BABY SUPPLY CUPBOARD

focuses on supplying our member agencies with much needed, costly, and essential infant care items including baby food, cereal, formula, and diapers. The program targets the community's most vulnerable population – infants whose parents lack the resources to adequately provide for them on a daily basis. Not only does the Baby Supply Cupboard relieve the burden on caregivers who would otherwise have to sacrifice their own nutritional requirements to meet their families' needs, it also ensures that proper nutrition will be consistently provided for the healthy development of infants. In the 2012/13 fiscal year, 1,186 cases of baby food, 4,774 cases of diapers, 1,973 cases of baby formula, and 862 cases of baby cereal were distributed to caregivers in need.

## CHICKEN DONATION PROGRAM

Since 2010, the Ottawa Food Bank has been the grateful recipient of over 6,970 cases of top quality chicken through its partnership with the Chicken Farmers of Canada. In fiscal year 2012/13, the Ottawa Food Bank received and distributed 2,789 cases of chicken to its 140 member agencies, who in turn provide it to those in need.

## HOW YOU CAN HELP

**Volunteer:** Write to our Volunteer Coordinator to find a volunteer opportunity that works for you. [volunteer@ottawafoodbank.ca](mailto:volunteer@ottawafoodbank.ca)

**Monetary Donation:** Make a secure donation over the phone or online today! 613-745-7001 [www.ottawafoodbank.ca/donate](http://www.ottawafoodbank.ca/donate)

**Food Donation:** Drop off a food donation at our Michael Street warehouse or in a red bin at your local participating grocery store.

**Text to Donate:** Text HUNGRY to 45678 to make a one-time \$5 donation (details at [mobilegiving.ca](http://mobilegiving.ca))

## FOOD AID



Food Aid is a program that enables the Ottawa Food Bank to add much needed protein to the diets of individuals and families in need while at the same time supporting the local farming community. In May 2013 the Ottawa Food Bank's annual Food Aid BBQ and radio broadcast raised \$160,010 to purchase local cattle. Processed locally, this quality ground beef is then frozen and delivered to the Ottawa Food Bank which in turn distributes it to 140 member agencies across the city. Since its inception in 2005, Food Aid has purchased 1,718 cows, had 202 cows donated by individual beef farmers, and distributed over 829,440 pounds of protein-rich ground beef to families and individuals in need.

## FRESH HARVEST AND CITY HARVEST

are the Ottawa Food Bank's perishable food retrieval programs. Each day, the Ottawa Food Bank's Fresh Harvest truck makes stops at major local grocery stores, picking up such items as fresh meat, produce, bakery, and deli goods. This food is then delivered the same day to one of the Ottawa Food Bank's member agencies, typically a soup kitchen or emergency housing shelter. City Harvest is a perishable food retrieval program that focuses on prepared meals and food items from local restaurants, retirement homes, and food service providers. The Ottawa Food Bank's City Harvest truck picks up the prepared foods and delivers it directly to a soup kitchen or member agency that offers a meal program. In the 2012/13 fiscal year, a total of 1,004,373 lbs. of food and prepared meals were collected and distributed through both programs.

## COMMUNITY HARVEST



Community Harvest was created with the goal of providing a greater quantity and variety of local, nutritious, fresh, and environmentally sustainable food to those in need the Ottawa community. Through this program, the Ottawa Food Bank has developed and fostered partnerships with local farmers, and created meaningful engagement opportunities for volunteers, community members, and partners. This past year, the total fresh produce grown, gleaned, and gathered rose from 56,130 lbs. in 2012 to a record 104,710 lbs. In addition to beets, broccoli, cabbage, potatoes, winter squash, and zucchini, new partner farms and expanded land availability enabled new crops to be grown that included cucumbers, tomatoes, cantaloupe, peppers, herbs, brussels sprouts, celery, and tomatillos. The number of crop varieties also increased, giving Ottawa Food Bank member agencies a more diverse and even supply of fruits and vegetables.

# THIRD PARTY EVENTS

Thank you to everyone who held an event in support of the Ottawa Food Bank during the 2012-13 fiscal year.

Adobe Golf Tournament  
 All Seniors Care Grandparent's Day  
 Atlantic Universities Alumni Pub Night  
 Beaver Cup  
 Blue Ant screening of The War of 1812  
 Bruce Springsteen Concert  
 Bushpilots Benefit Concert  
 Canada Science and Technology Museum  
 Members Holiday Party  
 Capital Food Blitz  
 Christmas Cheer Breakfast & Broadcast  
 Christmas Goose Concert  
 Cisco Golf Tournament  
 Crush Improv Food Drive  
 CTV Morning Live/BOB FM Food Drive  
 DFAIT Golf Tournament  
 Dusty Owl Fundraiser  
 East India Co Restaurant Fundraiser  
 Emerald Luncheon  
 Five Hole for Food  
 Food Aid/Rural Expo  
 Fred Wong Memorial BBQ  
 Friends of the Farm Plant Sale  
 Giant Tiger BBQ

Glebe BIA Winter BBQ  
 Gloucester Fair  
 Gowlings Big Bank Deposit  
 Great Bowls of Fire  
 Great Canadian Chicken BBQ  
 Great Glebe Garage Sale  
 Halloween Food Drives  
 Harry Nowell Celebrity Photo Contest  
 Huron Carole Concert  
 Investors Group Comedy Night  
 Jewel 98.5FM's monthly food drives  
 Mayor's Annual Canada Day Celebration for Seniors  
 Mayor's Annual Christmas Celebration  
 MCA Ottawa Golf Tournament  
 NAC Fan Fair  
 Nakkertok Ski Pulk Pull  
 NCAO Food Drive  
 OC Transpo Loblaws Food Drive  
 Ottawa 67's/Scouts Canada and Scotiabank Food Drive  
 Ottawa Court House Food Drive  
 Ottawa Foodie Challenge  
 Ottawa Ice Bowl  
 Ottawa Police Association Christmas Party  
 Ottawa Senators FanFest

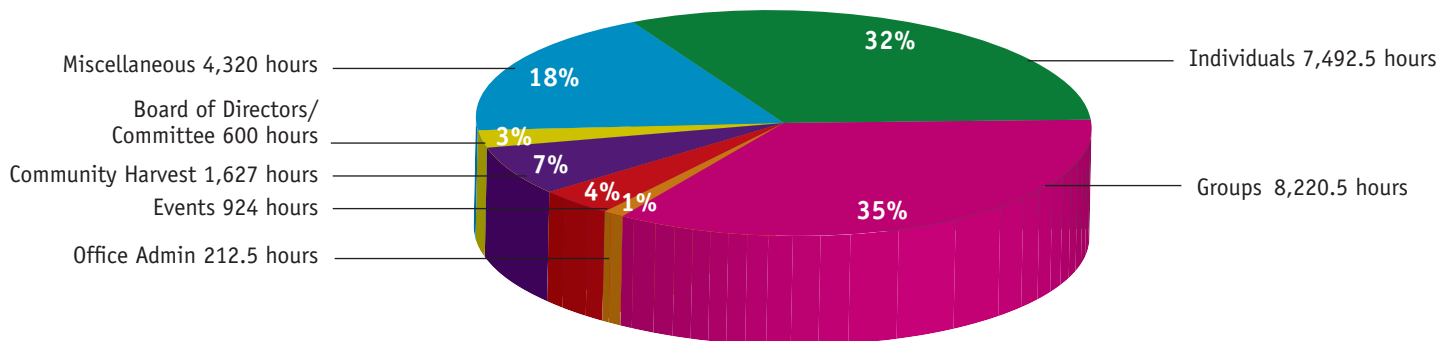
Ottawa Senators Open Practices  
 Provincial Food Drives  
 RCMP Musical Ride Open House  
 Re/max Holiday Party  
 Royal Canadian Mint BBQ  
 Santa's Souper Singers  
 Scouts/Metro Food Drive  
 Southway Hotel Lighting Ceremony  
 St. Patrick's Day Parade  
 Steering Towards Hope Fundraiser  
 Tenant-Landlord Food Drive  
 Tenor's Feed with your Heart  
 The BEAR 106.9FM Food Drive  
 The Masha Krupp Translation Group Ottawa's  
 Got Talent Fundraiser  
 The New Ottawa Doll Show and Sale  
 The Phoenix Fundraisers  
 The WORKS Fundraisers  
 Tim Hortons Food Drive  
 Tim Hortons Jamboree  
 Trick or Treat with the Mayor  
 Wal-Mart Food Drive  
 Whole Earth Expo  
 Zombie Walk



# OTTAWA FOOD BANK VOLUNTEERS

The kind-hearted people who volunteer their time help ensure the Ottawa Food Bank is able to strive towards the vision of no one going hungry in the Ottawa community. The Ottawa Food Bank is lucky to work with a variety of people from students and retirees to sports teams and corporate groups, along with individuals with varying physical and mental abilities.

## VOLUNTEER HOURS BY ACTIVITY – FISCAL YEAR 2012-2013



### Stats

- Volunteers donated 23,396.5 hours of their time in 2012-2013
- Volunteers completed the work equivalent to that of approximately 13 full-time employees this fiscal year.
- This fiscal, the Ottawa Food Bank had the pleasure of working with approximately 3,000 volunteers.