

Year in Review 2017-2018



VISION: Healthy, accessible, sustainable food for all

MISSION: We work in partnership to create a healthier city by empowering people, increasing access to healthy food, and advocating for systemic changes that reduce food insecurity.

www.ottawafoodbank.ca

A MESSAGE FROM THE CHIEF EXECUTIVE OFFICER **MICHAEL MAIDMENT**



Thanks to your generosity and trust in the Ottawa Food Bank, we were able to provide better support to 38,400 people every month during the 2017-2018 fiscal year. We understand that families and individuals affected by poverty have poorer health. With this knowledge, we've worked hard to dramatically improve the food we provide to our member agencies and their clients.

This is where you, our donors and supporters, come in. You have helped us take great strides in providing healthy and nutritious food to our community. Your generosity has allowed us to increase the amount of fresh produce we grow on our farm. Your support has enabled us to purchase and provide vegetables and fruit during the winter months. We've been able to double the amount of milk and eggs we distribute and continue to purchase fish! Kids have apples, oranges, yogurt, cheese, and nutritious granola bars for their lunch boxes. This is all thanks to you. Together, we've made an incredible impact on the health of the people we serve.

Because of donor support, we've also made a series of investments in our network of agencies that allow our partners to better provide for their clients. We've invested in community kitchen programs that bring the community together to cook healthy and nutritious meals. We've purchased refrigerators for member agencies so they can receive more fresh food. We have also invested in our food recovery program which is providing a tremendous amount of fruit, vegetables, and high-quality meat, poultry, and fish.

We hope you are proud of the directions we are taking, investing your donations in programs that increase the amount of healthy and nutritious food we make available to the community. But our work doesn't stop there.

Our team is working hard to bring the issue of food security to the forefront of public policy discussions at the municipal, provincial, and federal levels of government. We envision a community that sees significantly fewer people dependent on the Ottawa Food Bank for food. To achieve that vision, we are encouraging governments to invest in more affordable housing and to provide families with enough social assistance to purchase the food they need.

We will continue to speak up. We will continue to be the voice for those who can't be heard. We will not stop until we see change.

I want to offer my most sincere appreciation and thanks for your support during the past year. Your trust and partnership are helping to build a better community – a healthier community. A community that will one day be without hunger.

A MESSAGE FROM THE CHAIR OF THE BOARD **DAVID K. LAW**



The year 2018 was extraordinary for the Ottawa Food Bank. We provided greater quality and quantity of food and supplies to people in need than ever before.

The efforts of the Ottawa Food Bank's donors, volunteers, and staff deserve credit and celebration, but of course, we must remember why their work was so necessary.

The Ottawa Food Bank, and all food banks, is an emergency response to a chronic problem – people's lack of adequate income, making it difficult to fully provide for themselves and their families. A food bank succeeds where society fails.

We will always be ready to help, but we will not always be silent.

Charity is a good thing: it reflects well on those lucky enough to give it and imposes no shame on those who need it. We are grateful for every contribution, but in a responsible society, charity is not a fitting response to chronic social ills.

What are the better answers? Secure employment, decent pay, quality education, and strong social programs. Wages should fully reward effort. Those underemployed should get help to expand their horizons. And those who cannot work deserve dignified supports – not as a gift, but as a right.

At the Ottawa Food Bank, we will work towards that day, while helping people through this day. That is our pledge.

Thank you, for helping us keep our promise.

BOARD OF DIRECTORS

Thank you to the hard-working individuals who have volunteered their time on the Ottawa Food Bank Board of Directors during the 2017-2018 Fiscal Year.

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MEMBER AGENCIES

The Ottawa Food Bank is the central food collection, storage, and distribution centre for a network of 114 emergency food programs across the city. These programs, our member agencies, include community food banks, food cupboards, meal programs, multi-service programs, and KickStart After 4 programs. We fairly distribute donated and purchased food as efficiently as possible based on each of our agencies needs. Our member agencies adhere to guidelines including the fair, respectful, and confidential treatment of beneficiaries, and high standards of food handling and distribution.

For many of our partners, food is just the first step. Our member agencies also provide safe spaces, resource and support systems, community gardens, skills training and more. Our member agencies are having to step up and do more in our community. Below are the programs we proudly worked with during the 2017-2018 fiscal year.

COMMUNITY FOOD BANKS

Alfred Food Bank
Banff Avenue Community House
Banque Alimentaire C.C.S. Food Bank
Britannia Woods Food Pantry
Caldwell Family Centre
Centretown Emergency Food
Confederation Court Community House
Dalhousie Food Cupboard
Debra Dynes Family House
Foster Farm Family House
Gloucester Emergency Food Cupboard
Heron Emergency Food Centre
LifeCentre Food Bank
Lowertown Community House
Morrison Gardens Emergency Food Centre
Nativity Parish
Orleans-Cumberland Emergency Food Bank
Parkdale Food Center
Partage Vanier
Pavilion Food Bank
Pinecrest Terrace Family House - Food Bank
Riceville Food Centre
Rideau Rockcliffe Emergency Food Bank
Russell Heights Community House
Sadaqa Food Bank
Samaritan Support Services of Ottawa-Carleton
Stittsville Food Bank
Westboro Region Food Bank

FOOD CUPBOARDS

All Nations Full Gospel Church
Carleton University Food Centre
Carlington CHC
Catholic Immigration Services
Centre Psycho Social
Cit  Coll giale
Elizabeth Wynn Wood Alternate Program
Harmony House
Hunt Club Riverside CSC
JF Norwood House
John Howard Society - McLaren

John Howard Society - Ste. Anne
Kosher Food Bank
Life House 2nd Stage - Ottawa Mission
Odawa Native Friendship Centre
Richard Pfaff Secondary Alternate Program
Sandy Hill Community Health Centre
SFUO Bon Appetit Food Bank
Tungasuvvingat Inuit Family Resource Centre
Youth Services Bureau - Besserer
Youth Services Bureau - Carruthers
Youth Services Bureau - Cooper
Youth Services Bureau - McEwen
Youth Services Bureau - Nelson
Youth Services Bureau - Queen Mary
Youville Centre
Woodlawn - Ottawa Mission

MEAL PROGRAMS

APPLE
Britannia Woods Grab and Go
Caldwell Family Centre Cooking Class and
Community Kitchen
Capital City Mission
Centre 454 - Anglican Social Services
Centre 507
Christie Lake Kids
Cornerstone 172
Cornerstone 314
Cornerstone 515
The Door Youth Centre
Empathy House of Recovery
Foster Farm Lunch & Breakfast Program
Heather Manor
Jericho Road Ministries
Parkdale United Church - In from the Cold
Regina Towers
Rideauwood Addiction and Family Services
Somerset West CHC Drop-in
St. Luke's Table
Van Lang Community Kitchen
Vesta Recovery Program for Women

MULTI-SERVICE PROGRAMS

AIDS Committee of Ottawa
Bethel Care Centre
Centre Espoir Sophie
Good Day Workshop
Inner City Ministries
Minwaashin Lodge
Operation Come Home
Ottawa Mission
Salvation Army - Bethany Hope Centre
Salvation Army - Booth Centre
Shepherds of Good Hope
St. Joe's Women's Centre
St. Joseph's Parish
St. Mary's Home and Young Parent Outreach
Centre
The Well

KICKSTART – AFTER 4

After 4 Club - Banff Avenue
After 4 Club - Blair Court
After 4 Club - Britannia Woods
After 4 Club - Caldwell/Carlington
After 4 Club - Carlington CHC
After 4 Club - Christie Lake Kids
After 4 Club - Club 310
After 4 Club - Confederation Court
After 4 Club - Debra Dynes
After 4 Club- Ecole le Carrefour
After 4 Club - Emily Murphy
After 4 Club - Foster Farm Breakfast
After 4 Club - Groupe ADEP
After 4 Club - Foster Farm Community House
After 4 Club - OrKidstra
After 4 Club - Meadowlands Public School
After 4 Club - Michelle Heights
After 4 Club - Morrison Gardens
After 4 Club - Rideau Rockcliffe
After 4 Club - Pinecrest Terrace
After 4 Club - Russell Heights
After 4 Club - Strathcona Heights

FOOD & OPERATIONS INDUSTRY PARTNERS

Through their generous donation and wholesale of goods and services our food and operations industry partners make a significant impact on the Ottawa Food Bank's efficiency rate, while helping to improve the lives of people in our community. Thank you for your generous support.

- Bread and Roses Bakery
- Chicken Farmers of Canada
- Costco
- Day and Ross
- Dempster's - Canada Bread
- Egg Farmers of Canada
- Erb Transport Limited
- Franke's Baked Goods and Catering
- Giant Tiger
- Hospital Food Service
- Independent Grocers
- Loblaw's Companies East – National Grocers
- Loblaw's Grocery Stores
- Metro Grocery Stores
- Metro Warehouses
- Meyers Transport
- Natunola Health Inc
- NG Cash and Carry
- Ontario Association of Food Banks
- Saputo Cheese G.P.
- Sealtest-Natrel
- Stericycle Expert Solutions
- Summit Foods
- Sun Tech Tomatoes
- Wal-Mart Canada Corp.
- Weston Bakery

OTTAWA FOOD BANK PROGRAMMING

The Ottawa Food Bank will celebrate its 35th anniversary in 2019. For over three decades we have provided emergency food to people who needed it in the community. We, along with our member agencies, fill a gap in the system left open by governments past and present. We are here because necessary systemic changes have not been put into place and so the number of people in need of support has not wavered. We now know we must take a leadership role and focus on these issues.

While launching our Strategic Plan in 2017, we were able to identify areas in our organization in need of change, as well as gaps in the system. Through this process we captured four areas of focus. This strategic direction will take us into 2020 and we are confident we will make great strides towards addressing the root causes of food insecurity while still being there for people in need in Ottawa.

HEALTHIER FOOD IN THE COMMUNITY

After two summers of difficult weather, we were rewarded at our **Community Harvest** farm with a record growing year. During the summer of 2018, we grew 136,135 lbs. of fresh fruits and vegetables. Our success was not isolated. Many local farmers had wonderful growing seasons as well and shared generously with us. Including donations from these farms, a total of 164,334 lbs. of fresh produce went from farm to table this summer.



During the 2017-2018 fiscal year, the Ottawa Food Bank helped provide for approximately 13,500 children every month through our community food banks alone. This number does not include the hundreds of children helped through KickStart After 4 Programs or the Summer Lunch Program. Traditionally, our **KickStart After 4 Programs** provide a snack including yogurt, juice, and a granola bar to help keep children fueled. At the end of the 2017-2018 fiscal year and into 2019 we made a significant investment to increase the nutritional value of the snacks we provide. We will replace sugary drinks and snacks with milk, carrots, healthier granola bars, unsweetened apple sauce, and Greek yogurt.

The **Summer Lunch Program** is one of our most important programs for children. When school is done, so are the school meal programs. Many of the children who receive a meal through a school breakfast or lunch program are left with no resources over the summer. Thankfully we had a partner in Sodexo who helped to provide 9,772 lunches to 17 different summer programs over a seven-week period. Without this program, many children would be going without regular meals.

With five per cent of food bank clients being babies under the age of two, our **Baby Basics Program** is important to us and struggling parents

across the city. Baby supplies continue to be some of the most expensive items to purchase; the Ottawa Food Bank spent \$160,975 on baby food and supplies during the 2017-2018 fiscal year, up nearly \$34,000 from the previous year.

In July 2017, the Ottawa Food Bank hired a coordinator dedicated to recovering food from local grocery stores, farms, and manufacturers. We have seen tremendous results, and since this position started our recovered food has increased 144%. But more importantly the quality of the food has improved. We worked with our grocery store partners to identify most needed items and reduced recovery of items not necessary for a balanced diet.

Our meat recovery program, **One More Bite**, also increased dramatically. Thanks to financial support from Loblaw Companies Limited and Food Banks Canada we have been able to expand the program and partner with 26 stores, including Metro, Costco, Walmart, and Loblaws to increase our protein distribution. Meat is flash frozen in store several days before its best before date. The Ottawa Food Bank picks up the products and delivers them to meal programs who turn the meat into delicious meals for the community. Thanks to the program's success, we will expand it to offer the meat to community food banks in 2019. Thank you to the local Metro stores who were the first to participate and who continue to be incredible partners.

A compliment to One More Bite is our **Food Aid Program** where we provide high quality ground beef. Thanks to the support of our community through our annual Food Aid BBQ and generous donors like the Mechanical Contractors Association of Ottawa, we were able to provide 62,868 lbs of beef to our member agencies.

HELPING OUR PARTNERS DO MORE

With the generous support of our donors, the Ottawa Food Bank was able to provide \$60,000 in grants to community food banks to help improve their services and increase their capacity. Successful programs included two new community kitchens, supplies for a new portable healthy eating and cooking program, and various equipment needs. Four agencies were in great need of new fridges and freezers. Thanks to a generous gift from the Taggart Parkes Foundation, they received brand new, efficient appliances. This new equipment means agencies can accept even more fresh and frozen product.

CHANGING FOOD BANKING IN OTTAWA

The Ottawa Food Bank has partnered with one of our member agencies, the Rideau Rockcliffe Community Resource Centre (RRCRC), to create a new holistic approach to food banking. The new "food centre" model will not only offer emergency food assistance but also provide opportunities for counselling, workshops, skill building, and food literacy while providing opportunities for volunteering and employment. The food bank program is offered by a social worker, who will provide food but also help identify what root causes have brought a person to the food bank. Together, the client and social worker will create a personalized poverty reduction plan and adapt it to the unique and specific needs of each person. The Ottawa Food Bank has provided a grant of \$50,000 to hire a second social worker to implement their innovative food and resource model.

The Ottawa Food Bank, in partnership with the University of Ottawa and with funding from the Maple Leaf Centre for Action on Food Security, began a two-year research study in 2017 looking at the various models of food banking. This study, the first of its kind in Canada, follows participating clients over a two-year period to understand the outcomes based on the various models. This evidence-based research will help the Ottawa Food Bank and our partners better understand our impact in the community and make decisions for future investments.

A VOICE FOR THE VOICELESS

It was an election year in 2018, both in the province and locally. The Ottawa Food Bank has traditionally refrained from taking an advocacy role for our member agencies or clients. But during our strategic planning process, it was identified that as the largest food security agency in Ottawa, we had a responsibility to speak on behalf of those with no voice. Our Chief Executive Officer, Michael Maidment, met with candidates from across the city, sharing with them the food security challenges in their individual wards and the entire city. We asked elected/municipal officials to include food security as a priority in the new strategic plan for 2019. The Ottawa Food Bank looks forward to working with our political leaders at all levels over the next year as we continue to advocate for change.

FOOD DISTRIBUTION: FISCAL YEAR 2017-2018

The Ottawa Food Bank supports its partner emergency food programs by collecting and purchasing millions of pounds of food each year. This food is generously provided by the public and food industry partners through community food drives, events, and our donation bins in local grocery stores. Financial donations allow the Ottawa Food Bank to make up for any shortfall in food donations as well as purchase nutritious perishable items such as eggs, milk, yogurt, fish, ground beef, and fresh fruits and vegetables.

The Ottawa Food Bank has continued to expand our food recovery program, One More

Bite. This past fiscal year saw an impressive increase in meat products donated as a result. Meat and protein distribution have increased by over 113,000 pounds since the 2016-2017 fiscal year. Thank you to our grocery store partners for supporting this initiative.

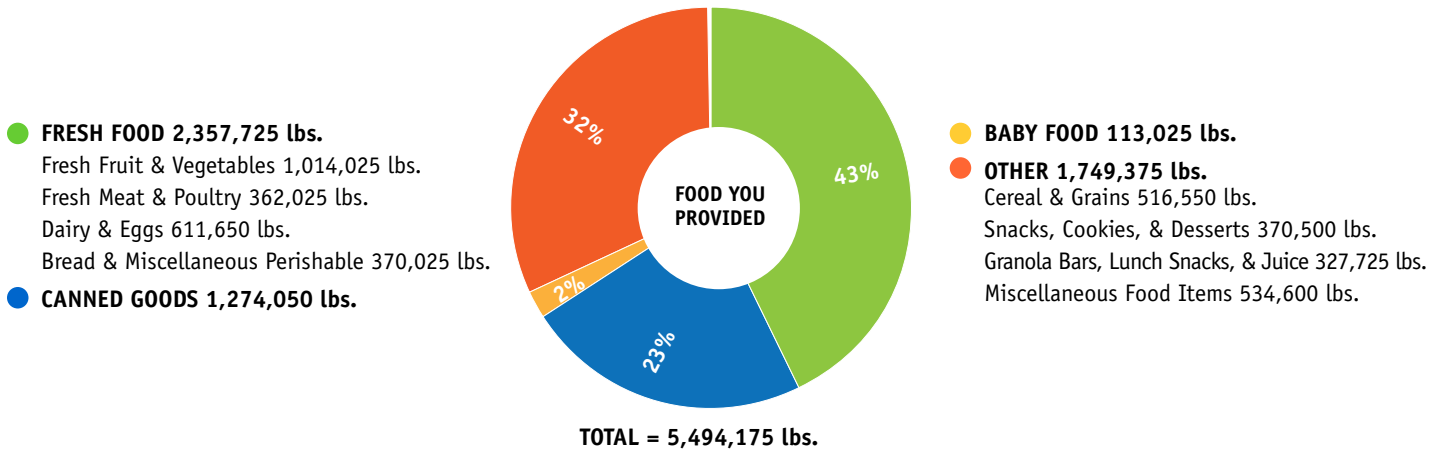
With increased food recovery demand from numerous vendors, we continue to utilize fleet management software, Omnitracs, to remain as efficient on the roads as possible during both pick ups and deliveries.

This past fiscal, the Ottawa Food Bank responded to the needs of the community, during both regular

service and times of increased demand after the tornadoes, by distributing \$7,945,848 worth of donated food and \$1,634,598 of purchased food. The items provided to families and individuals were broken down in distribution as shown below.

Beyond much-needed food, we also provide various necessary non-food items such as household supplies and diapers. These items accounted for an additional 157,800 lbs. and 111,400 lbs. of goods distributed, respectively.

DISTRIBUTION NUMBERS BY CATEGORY (IN POUNDS)

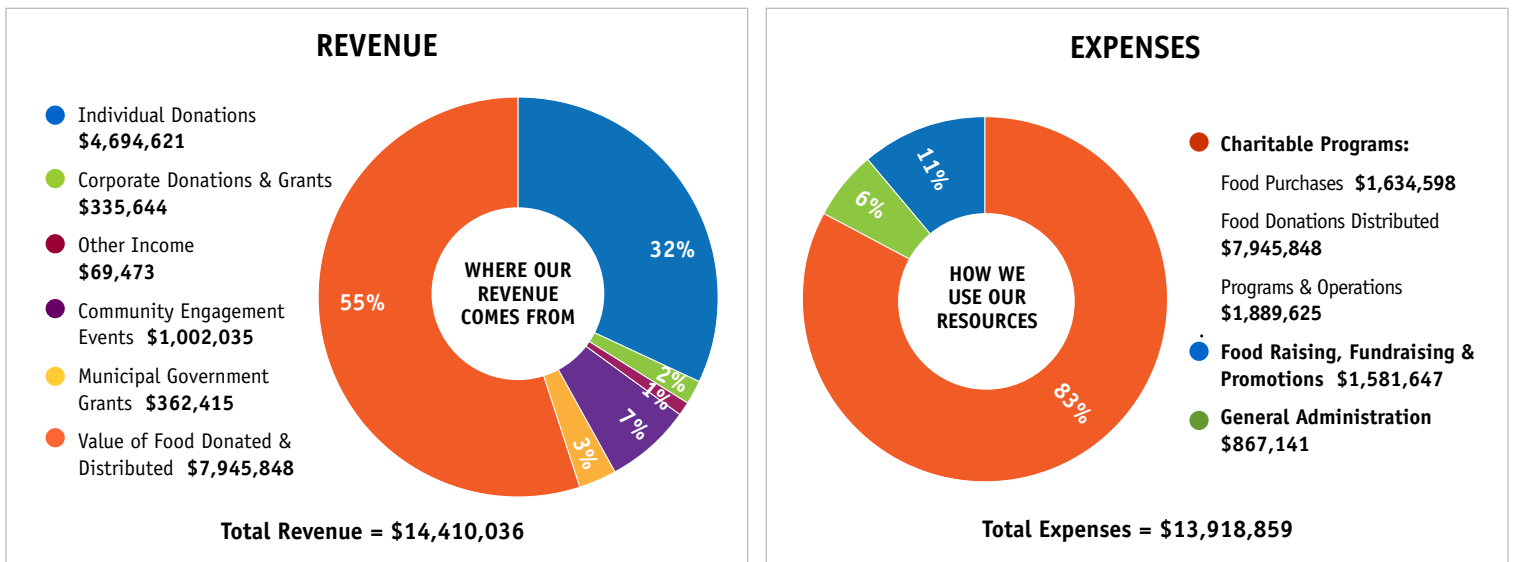


SUMMARY OF FINANCIAL STATEMENTS (CONDENSED): FISCAL YEAR 2017-2018

The Ottawa Food Bank works conscientiously year-round to ensure we manage our resources efficiently and with integrity. The majority of our funding and support comes from the community in the form of both food and funds. Most of our expenses are food purchases and the costs associated with the daily delivery of food to the 114 food programs with whom we partner across the city.

As we have done for the past four years, any surplus has gone towards achieving our target of a six-month operational reserve. This ensures there would not be a disruption of service in the event of any unforeseen financial challenges. We have also created a capital reserve to replace any equipment or trucks if need be, as well as an innovation reserve which allows us to adapt and innovate our programs as necessary.

To review our complete Audited Financial Statements, visit www.ottawafoodbank.ca



NET = \$491,177

THANK YOU SUPPORTERS!

The Ottawa Food Bank would like to sincerely thank the individuals, families, businesses, teams, workplaces, and groups who were committed to helping the community during the 2017-2018 fiscal year. The following is a list of generous supporters who contributed \$1,000 or more, including those who made a legacy gift.

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Helen Miskelly
Modern Niagara Ottawa Inc.
Chris Moffit
Défi Entreprise
Gunnar & Britt Mollerstedt
Gerald Molnar
Mona and Nav Aggarwal
Foundation
David & Rose Montoya
Beverley Moore
Patricia Moore
Brian Morely
Gord Mosher
Fran Mowbray
Frances Mowbray
Mty Tiki Ming Enterprises Inc.
Ross Munro
Mark Murphy
Michael Murphy
Philip Nagy
Napkyn Inc.
Hashm Nasser
National Capital Heavy
Construction Corp
NAV CANADA
John Neil
Judith & Warren Nelson
Jonathan Neri
Melinda Newman & Mr. Abugov
Ken & Christine Newport
Jacqueline M. Newton
Nokia
Katherine Nowalkoski
NPSIA Benefit Soiree
Ellen O'Brien
George O'Connor
Marlyn O'Connor

Joan O'Farrell
Patrick Offers
Sharon Oikawa
Peter Oldham
Shawn Ool
Walter Osborn
John Osborne
Michael Ostroff
Ottawa Disk Golf Club
Ottawa Police Service
Ottawa Police Service - Finance
Lianne Ouellette
Sheila Ouellette
Prabir Pal
Miranda Paquette
Jason Parent
Wendy Parlow
Partners in Parenting
Hasmukhrai Patel
Kathy Patrick
Carol Patterson
Payments Canada
PCL Constructors Canada Inc.
Adrienne Pearl
Nancy Peden
Janet Penny
Lynne Perrault
Stephen Peters
Michael Phaneuf
Ravi Philar
Roderick Phillips
Ruth B. & Mark Phillips
PIBCI
Jean-Claude Picard
Andre Piche
Kristen Pidduck
Jamie Lee Pietrantonio
Wanda Pilon
Dan & Shelley Poirier
Steve Polowin
Richard Potvin
Clifford & Madeleine Power
Robert Power
Power Systems Technology
(Eegenco) Ltd.
Lynn Pratt
M. A. Christine Pratt
Praxis Research Associates
Deborah Prescott
Iola M. Price
Richard Proulx
Guy Quesnel
R. A. Beamish Foundation
R.V. Patel Medicine
Professional Corp
Leslie Rae
Rainbow Natural Foods Inc.
Purnima Rao
Raven, Cameron, Ballantyne &
Yazbeck LLP
RCMP
RCMP National Headquarters
Regional Crane Rentals Ltd.
Regulvar Canada Inc.

James Reid
Christopher René
Jean Pierre Reny
Revenue Canada Agency
(2nd Floor Coffee Club)
James Reynolds
RFP Solutions Inc
Rhodes Candy
Barbara Riley
William Roberts
Christine Robertson
Christine J. Robitaille
Edward Roddy
Hugh G. Roger
Francis Rolleston
Julian & Beatrice Romeskie
J. Louise Rooke
William & Lorraine Rooney
Stanley Rosenbaum
Alaa Rostom
Dane Rowlands
Karl Ruban
David Runnalls
Wayne Ryan
Safe Software Inc.
Albert Saikley
Theresa Saint Pierre
Sakto Corporation
Roger Salhany
William Sammon
Julia Sandquist
Santa Souper Singers
Ron Sarich
Nicola Schieda
Rodney & Mary Schmitke
Schoeler & Heaton Architects Inc.
Stu Schwartz
Ryan Schwartz
Brigitte Scobie
Pauline Scott
Barbara Scott
Mary R. Scrim
Clare R. Scullion
Madeleine Seguin
Laura Sellers
Shirley & Peter Serafini
ServiceMaster of Ottawa
Lynne Seshagiri
Tara Sevigny
Sharbot Group
Sheet Metal Workers
International Association
Ernie Sherman
Denis & Barbara Shillington
Jack Shouldice
Sigma Pi International Fraternity
Karen Sigvaldason
Janet Siltanen
Nicholas Simmons
Simply Nailogical Inc.
William & Joyce Sinclair
Michael Sinden
Sanjeev Singla
Shelley Skeet

Skyworks Solutions
John D. Sly
Caroline Smallman
Allan & Susan Smith
Kelly & Daryl Smith
Sandra & George Smith
Alex J. Smith
Bryan Smith
Yolande Solari
Anne Song
Cameron Sorlie
South Nepean Muslim
Community Mosque
SP Saturday Events Canada Inc.
David Speck
André J. St. Jacques
St. Matthew's Anglican Church
Ann Steacie
Steelworkers Humanity Fund Inc.
Kelsey Steeves
Stericycle Communication
Solutions
Laura Stewart
George A. Stewart
Duncan Stewart & Rosemary Dunn
Michelle St-Germain
Lori & Eric Stinson
Pierre Luc St-Laurent
Phyllis Storey
Susan Storey
Marc & Laura St-Pierre
Stratos Inc.
Cynthia Sugars
Robin Sully
Summa Strategies Canada Inc.
Ben Svenhard
Mohammed Syed
Richard Taillon
Doug Talbott
Taligent Consulting Inc
Emilie Taman
Simon Tardif
Michelle Tardiff
Tasman Financial Services
Dale Taylor
Nancy & Anthony Taylor
Joseph Templin
The DeWaan Foundation
The Electrical & Mechanical
Engineering Association
The First Unitarian
Congregation of Ottawa
The Halifax Group
The Pump House
The Royal Canadian Legion
The Royal Canadian Legion
Westboro Branch 480
The Sahara Foundation
The Walter and Friedl Stenger
Foundation
The William & Jean Teron
Foundation
Ann L. Thompson
Jim & Diane Thomson

Tamra Thomson
Marnie Thorp
James Thorpe
Carl Thorsteinson
Emma Tibbo
Anthony Tierney
Jolene Tiessen
Matthew & Christine
Timmermans
Gail Tod
Miguel Todaro
Ruth Torok
Claire E. Touchie
Guy & Vicki H. Townend
Khai Tran
Eric Tran
Michael Trant
Travac Inc.
Glen Tremblay
Mercedes Tremblay &
Gerry Syms
Charlotte Tremblay
Joseph Trus & Moira Glover-Trus
Tara Tucker
R. Turcotte
Sandra Turgeon
William Turner
D. J. Turner
Carolyn Tweed
Taras Tymchuk
Judith Tyrell
Erin Ueffing
Uniform Developments &
Leasing Ltd.
United Association Local 71
United Way of Greater Victoria
Up Until Now Inc.
Urbandale Corporation Ltd.
Paul Vaillancourt
Clementine M. Van Veen
Margaret Vant Erve
Bill & Angela Vanveen
Rollande Vézina
Maria A. Vieira
Phil Vincent
Maryke Vos
Christopher Waddell
Mary Wadland
David Wainwright
Victoria Walker
Katherine Wall
Stuart Wardrop
Renee Warriner
Bert Waslander
William Watson
Nancy Watson
WCPD Foundation
Webber Naturals
Pharmaceuticals Ltd.
Edward & Elizabeth Weber
Jeff Weissbach
Michael Welch
Wheelhouse Cycle Inc.
William Whelan

Gertrude White
Brian White
Diann Whitehead
Mary Lee Whitehead
Justine Whitehead
Peter Whitred
Roy Wilds
Lawrence J. Williams
Charlotte M. Wilson
Murray Wilson
Linda Wilson
Krissie Wilson
Kris Wilson-Yang
Aaron Wise
Elizabeth Woodman &
Michael Cairas
Siann Woods
Gregory Wright
Sarah Wright
WSIB
Valerie Wutti
Zygmunt Wysocki
Warren Yeung
Katherine J. Young
Young Professionals Network
Your Credit Union
Youturn Youth Support Services
Horace Yu
Gordon Zans
Caryn Zeesman
Deborah Zimmerman
Zone 1 Technical Services Inc.
ZW Project Management Inc.

**CUMULATIVE GIFTS:
\$5,000-\$9,999.99**

Jack, Robyn & David Aaron
Adobe
Louise Aronoff
Big Soul Project Choir
Boone Plumbing and Heating
Supply Inc.
Frits J. Bosman
Derek & Joan Burney
CAA Travel Agency (NEO) Ltd.
Michael Calvert
CCR
Albert Chang
CienaCares Matching Gift Program
Sheldon Clement
Deloitte
Dan & Penny Dodge
Dooclan Ltd.
Doyle Salewski Inc.
Richard Dufresne
Alvarez Gaulin
Sophia & Nigel Gocan
Bernice L. Goudge
Gowling Lafleur Henderson LLP
Grey Sisters of the Immaculate
Conception
Tracy Griffin

Alannah T. Grossman
Michael Horgan
Hunt Club Volkswagen
IFS & Mxi Technologies
Audrey Kenny
Kiwanis Club of Ottawa Foundation
Lansdowne Stadium Limited
Partnership
Lauridell Foundation
Richard Legault
Lieutenant's Pump
Loblaws Inc.
Carole Love
David MacLaren
K. M. Morrison
Ottawa Guild of Potters
Ottawa MacDonald-Cartier
International Airport Authority
Ottawa Mennonite Church
Roger Payant
Stephen Quick
Quinn Thiele Mineault Grodzki LLP
Mary W. Raymont
RBR Ltd.
David & Susan Rose
Harold Seidemann
Marielle Simon
Strategic Charitable Giving
Foundation
T. & B. Brennan Medicine
Professional Corporation
The Charitable Gift Funds
Canada Foundation
The Robert Campeau Family
Foundation
The Tenaquip Foundation
Thyme & Again Creative Catering
Tony Graham Automotive Group
Patricia Turk
Dan & Jeanne Vollebekk
Mark & Nancy Wallis
Walmart Canada Corp
Philip & Carole Whittall

**CUMULATIVE GIFTS:
\$10,000+**

Bel-Air Automobiles Inc.
Bel-Air Lexus Toyota
Canada Employment &
Immigration Union
Canadian Internet Registration
Authority
CapCorp Financial Corporation
City of Ottawa
CLV Group
Ann K. Cross
CSL Behring Canada Inc.
David J. Dunsmore
Filles de la Sagesse du Canada
Food Banks Canada
Interrent Holdings Limited
Partnership

Marc Lepage
Loaves & Fishes Fund of
Ottawa-Carleton
Malhotra Family Foundation
Maple Leaf Centre for Action
on Food Security
Michael A. Matlock
MBNA Canada Community
Relations
Mechanical Contractors
Association of Ottawa
John W. Michol
John Mierins Automotive Group
Mill Creek Farm
Louise Morrison
National Arts Centre Orchestra
Players Association
Norton Rose Fulbright Canada LLP
Ottawa Community Foundation
Otto's BMW
Otto's Subaru
Doug Powrie
Purolator Tackle Hunger
RBC Foundation
Soeurs de la Charité d'Ottawa
Taggart Parkes Foundation
Clare Wren & Adolph Terre
The Benevity Community
Impact Fund
The Eastern Ontario and
Western Québec Christmas
Cheer Found
Daniel & Kim Theriault
Derek & Michaela Tokarski
TOSA Foundation
United Way of Greater Toronto
United Way of Ottawa
Verdun Windows & Doors
Walmart "Fight Hunger, Spark
Change" Campaign

**TOMORROW'S HARVEST:
FOUNDING MEMBER
FREDERICK JACKSON**

Estate of Bernard Lacroix
Estate of Carol E. Etkin
Estate of Colleen Barclay
Estate of Darek Iwanski
Estate of Ella Wallace Manning
Estate of Kenneth Hunter
Estate of Paul Maxwell
Estate of Susan J. Nevins
Michael Ustick

ADDITIONAL SUPPORT NEEDED IN 2018 AFTER THE TORNADO



On Friday, September 21st people across the city tuned into their radios, televisions, and Twitter feeds to get updates about the “thunderstorm warning” as it gradually got upgraded to “tornado watch” and finally “tornado warning”.

When it was all over, a total of six tornadoes had touched down across the city, leaving some homeless and many without power. Thousands of people, even those whose houses were untouched by the storm, lost so much that day. As hours turned to days with no electricity, fridges full of food were spoiled with hundreds of dollars worth of food thrown out.

Thanks to the incredible support of the Ottawa community and beyond, the Ottawa Food Bank was able to act immediately. BBQs were set up in local parks and emergency supplies of food were delivered right into the affected communities.

When the power returned, we went out with trucks full of eggs, milk, fresh produce, chicken, beef, and non-perishables. Gift cards were provided so families could restock their fridges with the staples. We delivered 19,679 hampers to the community - an increase of 137% over our regular monthly service in those same areas. We also helped restock the shelves of the 11 community food banks who also lost all their fresh food. Without your generosity, we could not have responded as quickly as we did. Thank you.

THE 2018 TORNADO REMINDED US THAT LIFE IS FULL OF THE UNEXPECTED. WHEN A FAMILY'S EARNINGS AND SAVINGS ARE SPENT ON REBUILDING – WHETHER IT'S DUE TO A STORM, OR A SINGLE MOM LOSES HER JOB, OR A REFUGEE FAMILY NEEDS WINTER COATS AND WARM CLOTHES FOR THE FIRST TIME – YOU ARE THERE TO LIFT THEM OUT OF HUNGER. YOUR DONATION IS PEACE OF MIND FOR ALL THOSE WHOSE DAY-TO-DAY CONTAINS THE UNEXPECTED.

The community was incredibly compassionate and generous, supporting short- and long-term recovery efforts. Thousands of individuals, families, and workplaces shared their blessings with people in need following the storm. A sincere thank you to everyone who donated funds and food to help the community rebuild.

By the Numbers:

- The Ottawa Food Bank provided food for an estimated 9,489 people who visited a food bank in the affected areas (an increase of 33% over the same period last year)
- 10,190 hampers were provided to residences in 22 community housing areas
- In total, 19,679 hampers were delivered to the community, compared to 8,302 hampers over the same period last year (an increase of 137%)
- \$175,000 worth of food was delivered after the storm during the final days of the 2017-2018 fiscal year to the affected communities, above and beyond the regular distribution of food and supplies to the Ottawa Food Bank's other community food programs (approximately 100 programs) that were not affected by the storm.
 - An additional \$145,000 worth of storm relief food was delivered at the beginning of the next fiscal year, which began on October 1, 2018.

For more information about the Ottawa Food Bank's role in the days following the tornadoes, and a complete account of how donations* were spent, please visit www.ottawafoodbank.ca and read the Tornado Relief Efforts Report.

The following organizations generously supported the Ottawa Food Bank and the community after the tornadoes with gifts over \$2,000:

8389411 Canada Inc O/A Gradient Wind Engineering Inc
Arbour Memorial Foundation
Bel-Air Lexus Toyota
Fulbright Canada LLP
Benefaction Foundation
Bridgehead (2000) Inc.
Canada Employment & Immigration Union
CLV Group/Interrent Holdings Limited Partnership
CSL Behring Canada Inc.
CUPE/SCFP National Office
DPA Industries Inc.
Farm Boy
GHD Limited
Great Canadian Theatre Company
Grey Sisters of the Immaculate Conception
Kiwani's Club of Ottawa Foundation
Labourers' International Union of North America
Lafarge Canada (Eastern Region)
Lehigh Cement
Malhotra Family Foundation
Norton Rose Fulbright Canada LLP
Ottawa Senators Foundation
PCL Constructors Canada Inc.
Public Service Alliance of Canada
Shopify
Simply Nailogical Inc.
Sobeys
Taggart Group of Companies
Taggart Parkes Foundation
The Robert Campeau Family Foundation
The Rotary Club of West Ottawa
Tony Graham Automotive Group
United Association Local 71
United Way of Ottawa
Verdun Windows & Doors

**Note: While the tornadoes took place during our 2017-2018 fiscal year, much of the donations were received within the 2018-2019 fiscal year, which began October 1, 2018. This revenue will be recognized in our 2018-2019 financial statements and Year in Review.*

PARTNER SPOTLIGHT: **metro** GROCERY STORES



The Ottawa Food Bank is honoured to have the support of Metro grocery stores across the city. They not only participate in food drives, sell pre-packed donation bags, and have Ottawa Food Bank donation cages in their stores for their customers, but Metro also makes significant donation contributions themselves.

As we grow the One More Bite program, which collects and flash freezes meat and protein from grocery store partners, Metro continues to be a true champion with this initiative. As part of

this program, Metro donated 55 per cent of all recovered meat the Ottawa Food Bank received during the 2017-2018 fiscal year. That accounts for 57,200 lbs of protein for to the Ottawa community.

All together, Metro donated 1,116,425 lbs. of food to the Ottawa Food Bank throughout the 2017-2018 fiscal year. An incredible 559,550 lbs. of that total was fresh food, including fruits and vegetables, meat, and dairy.

Thank you to Metro customers who donated 204,925 lbs. of food through Ottawa Food Bank donation bins in stores across the city. Metro locations help to make donating easy by creating pre-packed bags for neighbours in need.

Thank you to Metro locations in Ottawa for making food recovery and supporting the community a priority.

OTTAWA FOOD BANK VOLUNTEERS

The Ottawa Food Bank is privileged to have the support of groups and individuals who continue to be very generous with their time. We are touched by the level of energy, commitment, skill, and passion our volunteers bring daily. We simply would not be able to do what we do without them. For more information on our volunteer program, please visit www.ottawafoodbank.ca and read our Volunteer Impact Report.



VOLUNTEER HOURS

- Transportation **1,366**
- Warehouse (groups & individuals) **7,231**
- Admin support **832**
- Events **748**
- Community Harvest **4,424**
- Board/Committees **288**
- Miscellaneous **855**

Total Volunteer Hours = 15,744

VOLUNTEER INFORMATION:

- Volunteers donated a total of 15,744 hours of their time between October 1, 2017 and September 30, 2018.
- Volunteers are with us every step of the way offering a helping hand in the warehouse and on our farm, but also representing the Ottawa Food Bank at special events, food drives, and over the phone.
- On an annual basis, the Ottawa Food Bank is honoured to work with approximately 3,000 volunteers.
- The number of hours collectively contributed by our volunteers equal the same amount as adding approximately 7.5 full time staff members to the Ottawa Food Bank team!

HOW YOU CAN HELP

VOLUNTEER:

Write to our Volunteer Coordinator to find a volunteer opportunity that works for you.
volunteer@ottawafoodbank.ca

MONETARY DONATION:

Make a secure donation over the phone or online today!
 613-745-7001
www.ottawafoodbank.ca/donate

FOOD DONATION:

Drop off a food donation at our Michael Street warehouse or in a bin at your local participating grocery store.

EVENTS

Thank you to everyone who held, hosted, and attended a third-party event in support of the Ottawa Food Bank.

Your generosity and innovation in fund/food raising helped make a better year for families and individuals in our community. We are honoured to have your support and thankful that you have made the Ottawa Food Bank your charity of choice.



Birthday Donations



CBC Project Give



CTV Holiday Helpers



MCA Golf Tournament



OC Transpo Food Drive



Wheelhouse Giv'er Ride

Thank you also to the sponsors, supporters, and attendees of our own signature events.

Your enthusiasm and support mean so much to us. Each of these events serves a purpose at a particular point in the year and your participation helps us reach our goals and allows us to continue to provide for our member agencies and people in need in Ottawa.

FOOD SORT CHALLENGE

Food Sort Challenge in 2018 was the biggest yet. With 48 teams participating, the event raised over \$60,000! The competition was fierce, and we can't wait to see what 2019 has in store.

FOOD AID BBQ

With the help of The Works Gourmet Bistro, we raise money for our Food Aid Program every year through a BBQ. Thanks to attendees and organizations like the Mechanical Contractors Association of Ottawa, the 2018 BBQ raised \$58,162.

DADS FOR DIAPERS

The first annual Dads for Diapers was held in September as a night out to raise funds for our Baby Basics Program. Business professionals enjoyed an evening of networking, signature beverages, and supporting a worthy cause.

THANKS FOR GIVING FOOD DRIVE

The 2017-2018 Thanks for Giving Food Drive saw its challenges with the long weekend taking place so early in October and warmer than usual weather. October 2017 saw donations down by approximately 50% compared to the previous year.

HOLIDAY FOOD DRIVE

With hundreds of groups and workplaces across the city participating in the annual Holiday Food Drive, they collectively raised \$225,000 and more than 190,000 pounds of food during the 2017-2018 campaign.

