OUR MISSION
To collect and distribute food to member agencies serving people in need in the Ottawa area.

OUR VISION
That no one goes hungry in the Ottawa area.
A MESSAGE FROM THE EXECUTIVE DIRECTOR

The word “giving” is defined as “freely transferring the possession of something to someone”. Every day in our great community people give to the Ottawa Food Bank so that we in turn may give to people in need. Kind people give money, give food, and they give their time so that those among us, who have less, can have more.

Last year, upwards of 50,000 people each month received the gift of food. A mother and father slept better knowing their child’s stomach was full. A resident of a homeless shelter came in from the cold and warmed themselves with a hot meal. A child sitting in a school classroom was able to focus on what the teacher was saying instead of their grumbling stomach. An elderly neighbour struggling to live on a fixed income was able to purchase critical medication having received a gift of food.

When I joined the Ottawa Food Bank team in September 2013, I was struck by the reach of the organization within the community. There are few organizations, if any, who have an impact on so many parts of our city. I challenge you to find a corner of Ottawa where we were not at work or an agency for which we don’t provide food. I was also surprised by the Ottawa Food Bank’s incredible efficiency with the gifts received from donors. Just 4% of funds donated to the organization are spent on administration – the rest, 96%, is invested in providing the gift of food to people in need.

The following report will tell you more about how the Ottawa Food Bank is improving the lives of those we serve. It will explain that we grew 50,000 pounds of fresh vegetables on a local farm who gave us four acres of land to use. It will show that more than $9.6 million of food was donated to the Ottawa Food Bank by generous supporters. The report will also tell you that we are increasing our focus on providing the healthiest, most nutritious food we can and that last year nearly half or 3.32 million pounds of the food we provided was fresh fruit, vegetables, bread, dairy, eggs, beef and chicken.

Lastly, thank you for supporting the Ottawa Food Bank and allowing our organization to meet the needs of our community.

A MESSAGE FROM THE CHAIR OF THE BOARD

I am honoured to be serving as Chair of the Ottawa Food Bank’s Board of Directors. As we review our accomplishments for the past fiscal year, 2012-2013, I want to extend thanks and gratitude, on behalf of our board and staff, to Michael G. Adams, for his exceptional work as Chair over the past two years. This past year, we also said goodbye to Executive Director, Peter Tilley, and thanked him for 19 years of leadership and innovation. We wish him well in his future endeavours.

This is a message of appreciation to the Ottawa community, who contributes so much to the fight against hunger. Whether it’s volunteering time, making a monetary donation, or donating food, our community cares and makes a difference. I would like to recognize and thank the staff and volunteers at our member agencies; they see hunger, up close, every day. They provide compassionate service to the community.

I would also like to express my sincere appreciation to the dedicated staff team of the Ottawa Food Bank. Thank you for your passion for helping hungry people in our community.

This past year has been a year of transformation. Most critical is that the Ottawa Food Bank and the surrounding community are focussing on healthier food, especially for young children. To make this happen, we rely on food donations and programs such as Community Harvest and Food Aid, and partners, which include the grocery store industry and the Chicken Farmers of Canada. Together, we are providing a healthier lifestyle for our community.

Our new Executive Director, Michael Maidment. He will continue to transform the work of the Ottawa Food Bank and how we serve those in need. Thank you to all who are making a difference in the lives of others.

I look forward to being a part of the fight against community hunger in 2014.

BOARD OF DIRECTORS

<table>
<thead>
<tr>
<th>CHAIR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diane Morrison</td>
</tr>
<tr>
<td>Retired Executive Director</td>
</tr>
<tr>
<td>The Ottawa Mission</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>VICE CHAIR</th>
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<tbody>
<tr>
<td>David K. Law</td>
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<tr>
<td>Partner</td>
</tr>
<tr>
<td>Gowlings</td>
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</table>

<table>
<thead>
<tr>
<th>TREASURER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Natalie Evans</td>
</tr>
<tr>
<td>CGA, Manager, Assurance and Advisory Services</td>
</tr>
<tr>
<td>Ginsberg, Gluzman, Fage &amp; Levitz, LLP</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SECRETARY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Barbara Carroll</td>
</tr>
<tr>
<td>Executive Coordinator</td>
</tr>
<tr>
<td>Debra Dynes Family Centre</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PAST CHAIR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michael G. Adams</td>
</tr>
<tr>
<td>Senior Vice-President</td>
</tr>
<tr>
<td>Brookfield Soundvest Capital Management</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>DIRECTORS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Irene Cameron</td>
</tr>
<tr>
<td>Principal</td>
</tr>
<tr>
<td>Carson Grove Elementary School</td>
</tr>
</tbody>
</table>

| Jim Devoe |
| CEO |
| Congress of Aboriginal Peoples |

| Sheila Fraser |
| Retired Auditor General of Canada |

| Larry Mohr |
| Senior Vice President |
| Commercial Services Division |
| CF Moral & Welfare Services |
| Canadian Armed Forces |

| Graham Richardson |
| Anchor |
| CTV Ottawa News at 6 |

| Sarah Roncarelli |
| Strategy Director |
| Fifty Strategy & Creative |

| Louisa Simms |
| Executive Coordinator |
| Heron Road Food Centre |
The Ottawa Food Bank continued to meet the demand in the community throughout Fiscal 2012-2013 by supplying a record amount of food to our member agencies. The last year saw the expansion of the Ottawa Food Bank's warehouse which created the space needed for an improved food sorting process and improvements to food storage and distribution. Fiscal 2012-2013 also saw the completion of further warehouse improvements, including the installation of a new commercial freezer unit donated by Baton Rouge Restaurants.

The value of donated food to the Ottawa Food Bank over the course of the year was an incredible $9,689,220 or 4,844,610 pounds. This food was donated through special food drives and through the Red Cage Program which collects food donations in local grocery stores throughout the city.

The Ottawa Food Bank purchased $1.3 million or 1,722,060 pounds of food during the fiscal year which included fresh food items that are not donated and food purchased to fill gaps in donated food. With the volume of food purchased and the special pricing we have negotiated with our food vendors, the Ottawa Food Bank is able to turn each $1 donated into approximately $5 worth of food.

### FOOD DISTRIBUTION NUMBERS BY CATEGORY (IN POUNDS)

- Fresh Meat and Poultry: 339,687
- Dairy and Eggs: 815,805
- Baby Food and Supplies: 237,465
- Snacks, Cookies & Desserts: 752,625
- Granola Bars, Lunch Snacks & Juice: 348,381
- Fresh Harvest/City Harvest: 1,004,373
- Household Products: 164,538
- Miscellaneous Food Items: 331,938
- Fresh Fruits & Vegetables: 570,240
- Canned Goods: 1,411,452
- Bread, Cereal, and Grains: 1,594,593

**TOTAL = 7,571,097 lbs.**

- Total value of PURCHASED food = $3,444,120
- Total value of DONATED food = $9,689,220

### SUMMARY OF FINANCIAL STATEMENTS (CONDENSED):

**FISCAL YEAR 2012-2013**

Fiscal 2012-2013 was another successful year in terms of revenues, however increased expenses due largely to the completion of the warehouse expansion caused the organization to end the year in a deficit position. Overall revenues grew 6% as compared to the previous year as a result of increased financial support from individual donors, reflected in a 5% growth in Direct Mail revenue. Corporate support also grew as compared to the previous year as the Ottawa Food Bank continued to benefit from long-time supporters such as the Mechanical Contractors Association. Overall expenditures increased 8% over the previous fiscal year. As in previous years, the organization’s two largest expenditures are food purchases and salaries. Food purchases increased over the previous year as food costs and demand from agencies grew as did salary and benefits costs as two contract workers became permanent employees. The organization also saw increases in rent and related operating costs such as utilities as a result of the warehouse expansion. Lastly, the costs related to the delivery of food to the Ottawa Food Bank’s 140 member agencies and the pickup of food donations are $427,420. This amount includes transportation salaries, fuel, and vehicle maintenance.

#### REVENUES

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>General Donations</td>
<td>$824,716</td>
</tr>
<tr>
<td>Corporate Donations, Other Grants, Planned Giving</td>
<td>$444,850</td>
</tr>
<tr>
<td>Direct Mail</td>
<td>$1,411,282</td>
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<tr>
<td>Special Events, Other Revenues</td>
<td>$317,325</td>
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<tr>
<td>City of Ottawa</td>
<td>$876,067</td>
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<tr>
<td><strong>Total Revenues</strong></td>
<td><strong>$3,874,240</strong></td>
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#### EXPENSES

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<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Food Purchases</td>
<td>$1,288,168</td>
</tr>
<tr>
<td>Salaries, Benefits, &amp; Contracts</td>
<td>$1,428,043</td>
</tr>
<tr>
<td>Rent &amp; Operations</td>
<td>$702,146</td>
</tr>
<tr>
<td>Food Raising, Fund Raising, &amp; Promotions</td>
<td>$464,972</td>
</tr>
<tr>
<td>Depreciation</td>
<td>$106,305</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$3,989,634</strong></td>
</tr>
</tbody>
</table>

- **Net Revenue**: $(115,394)
The Ottawa food Bank is the central food collection, storage, and distribution centre for a network of community food programs throughout Ottawa. These programs are our member agencies, which include community food banks, food cupboards, meal programs, multi-service programs, and school breakfast and snack programs. Based on each agency’s need, we fairly distribute donated and purchased food to our members in the most efficient way possible. Our member agencies adhere to guidelines, including the fair and respectful treatment of clients, and standards of food handling and distribution.

**COMMUNITY FOOD BANKS**
- Alfred Food Bank
- Banff Avenue Community House
- Banque Alimentaire C.C.S. Food Bank
- Britannia Woods Food Pantry
- Caldwell Family Centre
- Centretown Emergency Food
- Confederation Court Community House
- Dalhousie Food Cupboard
- Debra Dynes Family House
- Foster Farm Family House
- Gloucester Emergency Food Cupboard
- Heron Emergency Food Centre
- LifeCentre Food Bank
- Lighthouse Emergency Food Centre
- Lowertown Community House
- Morrison Gardens Emergency Food Centre
- Nativity Parish
- Orleans-Cumberland Emergency Food Program
- Rideau Rockcliffe Emergency Food Program
- Parkdale Food Center
- Partage Vanier
- Pavilion Food Bank
- Pinecrest Terrace Family House - Food Bank
- Riceville Food Centre
- Rockland Help Centre
- Russell Heights Community House
- Sadaqa Food Bank
- Samaritan Support Services of Ottawa-Carleton
- Stittsville Foodbank
- Westboro Region Food Bank

**FOOD CUPBOARDS**
- All Nations Full Gospel Church
- Better Beginnings / Better Futures
- Carleton University Food Centre
- Carlington CHC
- Catholic Immigration Services
- Centre Psycho Social
- Cité Collégiale
- Elizabeth Wynn Wood Alternate Program
- Harmony House
- John Howard Society - McLaren
- John Howard Society - Ste. Anne
- Kosher Food Bank
- Pinecrest Queenway Health and Community Services
- Sandy Hill Community Health Centre
- SFUO Bon Appetit Food Bank
- Richard Pfaff Secondary Alternate Program
- Tungasuvvingat Inuit Family Resource Centre

**KICKSTART AFTER 4 CLUB PROGRAMS**
- After 4 Club - Banff Avenue
- After 4 Club - Blair Court
- After 4 Club - Britannia Woods
- After 4 Club - Caldwell/Carlington
- After 4 Club - Carlington CHC
- After 4 Club - Christie Lake Kids
- After 4 Club - Club 310
- After 4 Club - Confederation Court
- After 4 Club - Debra Dynes
- After 4 Club - Emily Murphy
- After 4 Club - Foster Farm Breakfast
- After 4 Club - Groupe ADEP
- After 4 Club - Foster Farm Community House
- After 4 Club - Leading Note Foundation
- After 4 Club - Meadowlands Public School
- After 4 Club - Michelle Heights
- After 4 Club - Morrison Gardens
- After 4 Club - Rideau Rockcliffe / Leetian & Isaac
- After 4 Club - Pinecrest Terrace
- After 4 Club - Russell Heights
- After 4 Club - Strathcona Heights

**KICKSTART BREAKFAST PROGRAMS**
- Adult High School
- Alta Vista Public School
- Cambridge Street Public School
- Carson Grove Elementary School
- Charles H. Hulse Public School
- Charlotte Lemieux, Ecole Elementaire
- Connaught Public School
- Ecole la Vérandrye
- Ecole le Carrefour
- Ecole Pavillon Samuel-Genest
- Ecole Petit-Prince
- Glashan Intermediate School
- Gloucester High School
- Hawthorne Public School
- J.H. Putman School
- Manor Park Public School
- Marie-Curie École Élémentaire Publique
- Notre Dame High School

**FOOD INDUSTRY PARTNERS**
- Alternative Processing Systems
- Chicken Farmers of Canada
- Costco
- Day and Ross
- Dempster’s Canada Bread
- Egg Farmers of Canada
- Erb Transport Limited
- Four Seasons Fruit and Vegetables
- Giant Tiger
- Herb and Spice
- Hospice Food Service
- Loblaw Companies East – National Grocers
- Loblawls Grocery Stores
- McKesson Canada
- Metro Grocery Stores
- Metro Warehouse
- Meyers Transport
- Ontario Association of Food Banks
- Orleans Fresh Fruits
- Our Lady of Mount Carmel
- Pinecrest Public School
- Riverview Alternative School
- Robert Bateman Public School
- Robert E. Wilson Public School
- Severn Avenue Public School
- St. Michael Catholic School
- St. Nicholas Adult High School
- St. Nicholas Graham Campus
- Vincent Massey Public School

**MEAL PROGRAMS**
- APPLE
- Britannia Woods Grab and Go Centre 454 – Anglican Social Services Centre 507
- Christie Lake Kids
- Cornerstone 172
- Cornerstone 314
- Cornerstone 515
- The Door Youth Centre
- Empathy House of Recovery
- Foster Farm Lunch & Breakfast Program
- Heather Manor
- Jericho Road Ministries
- Life House 2nd Stage - Ottawa Mission
- Parkdale United Church - In from the Cold
- Rideauwood Addiction and Family Services
- Somerset West CHC Drop-in
- St. Luke’s Lunch Club
- Vesta Recovery Program for Women
- Woodlawn - Ottawa Mission

**MULTI-SERVICE PROGRAMS**
- AIDS Committee of Ottawa (Living Room)
- Capital City Mission
- Centre Esper Sophe
- Good Day Workshop
- Inner City Ministries
- JF Norwood House
- Minwaashin Lodge
- Odawa Native Friendship Centre
- Operation Come Home Ottawa Mission
- Salvation Army - Bethany Hope Centre
- Salvation Army - Booth Centre
- Shepherds of Good Hope
- St. Joe’s Women’s Centre
- St. Joseph’s Parish
- St. Mary’s Home and Young Parent Outreach Centre
- The Well
The Ottawa Food Bank would like to sincerely thank you, our supporters. Whether you’re an individual, family, business, team, or community group, you are recognized, valued, and appreciated as an ambassador in the fight against community hunger. The following is a list of generous supporters who contributed $1,000 or more during the 2012 – 2013 fiscal year.

$1,000 - $4,999

2Keys Security Solutions
A. R. Tech
Accenture Inc.
AI Broughton
Aiden Cuddihy
Alex A. Cunningham
Alexander Henry
Alison Gilbert
André J. St.-Jacques
Andrew McKenna
Andrew Peller Limited
Angela Murphy
Ann Beauregard
Ann L. Thompson
Anna Chow & Carl Noack
Anthony P. Maertens
APEX
Archie N. Book
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Ashi Mathur
Audra Fimmers
Audrey Kenny
Aydin Mirzacee
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Barbara Wysocka
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Calvin Hart
Canadian Agency for Drugs and Technologies in Health
Canadian Internet Registration Authority (CIRA)
Canadian Tire Corporation #174
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Carl Thorsteinson
Carolyn Lacasse
Carrot Cache Community Resources Inc.
Catherine Creber
CAW Social Justice Fund
CCSA Staff Charities
Charity Intelligence Canada
Charlesfort Management Services Inc.
Charlotte Wilson
Chris Healey
Christmas & Winter Relief Association Inc.
Christophe René
Christopher Kent
Christopher P. Dufault
Christopher Waddell
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CNW Group
Columbus Club - Council 485
Conam Charitable Foundation

Congregation of Notre Dame
Connie Barrowclough
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CSL Behring Canada Inc.
Cynthia McAninch
D. J. Turner
Dairy Farmers of Canada
Dale Taylor
Damian MacLellan
Dan & Penny Dodge
Dane Rowlands
Daniel & Joanne Crossman
Darden Foundation
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David Montoya
Deanna Mercer
Debbie Graham
Deborah Pelle
Deborah Zimmerman
Debra & Kenneth Ingram
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DMS Social Committee
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Dr. Robin P. Boushey Medicine, Professional Corp.
Duncan Harris
Edward & Elizabeth Weber
Edward Clark
Egg Farmers of Canada
Eleanor R. Heap
Elizabeth MacNeill
Ellen O’Brien
EMC Corporation
Emma Tibbo
ERB Transport Ltd.
Eric Manchee
Ericsson Matching Gifts and Volunteer Grant Program
Estate of Julie Glavackas
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Fairmont Château Laurier
Fernand Brisson
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G R Baird Financial Group Inc
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George Reid
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Glenn MacCrimmon
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Greg Babcock
Gregory L. Bryson
Guy Podjary
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Harold Seidemann
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Hidden Harvest Ottawa
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Ian Docker
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Integra Networks
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Investors Group Financial Services Inc.
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James Boychuk
James Lyons
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John Killick
John Neil
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K. M. Morrison
Karen Owen
Kate McCarthy
Kate McCartney
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Keith Armstrong
Kenneth & Kimberly MacAskill
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L. Sipolins Ltd.
Larry Cebulska
Laura Davis
Laura Sellers
Lawrence J. Williams
Lenore Fahrig
Linda & Christian Damus
Linda Thibault
Loblaws Inc.
Loree Boyle
Lorraine J. Hernandez
Lorraine Overduin
Louise Aronoff
Luke Hart Triple Five Eight Inc.
Luxcom Technologies Inc.
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Macadamian Technologies Inc.
MacEwen Foundation
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Margaret B. Doolan
Margaret Thomas
Marlyn Collins
Marilynne Drummond
Marion Bedford
Mark Fathers
Marnie Bennett
Mary English
Matthew McInnes
Matthew Sachs
Maurice D’Amour
Maxine E. Levesque
MBNA Canada Community Relations
MDS Aero Support Corporation
Meal Exchange
Melanie Moore
Merkmburn Holdings Limited
Merkley Supply Ltd.
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Michael Francis
Michael Nolan
Michael W. Phaneuf
Michael Weider
Michelle Gosselin
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Midtown Restaurants Inc.
Mildred Breault
Miriam Peters
MPI Ottawa Chapter
Murray Wilson
Mxi Technologies Ltd.
Nancy E. Peden
Nancy Rector
Nancy Taylor
Nancy Watson
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National Arts Centre (NAC)
National Arts Centre (NAC)
National Leasing Group Inc.
NAV Canada
Ontario Public Service Employees Union Local 464
Ontario Water Works Association
Optelian Social Fund
Orest Boychuk
Orléans Toyota
Ottawa Management Fund
Ottawa Region Masonry Contractors Association
Ottawa Regional Society of Architects
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Patricia A. MacQuarrie
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Robert Green
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Robert Power
Robert Ratcliffe
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Ross Webley
Roy Laver
Rudolf Punt
Ryan Schwartz
Sahara Foundation
Sanja & George Smith
Sanjeev Singla
Sarah M. Nikkel
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Sharon Okawa
Sharon Zukata
Sheldon Clement
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Shoshanah Deaton
Simon Herriotts
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TELUS Corporation
The Capital Hill Group Ottawa Inc.
The Co-operators
The DeWaan Foundation
The Halifax Group
The Harold Crabbtree Foundation
The Hellenic Community of Ottawa
The Jewish Community Foundation Of Montreal
The Keg Manor
The Keg Steakhouse & Bar
The Libyan Society of Ottawa
The Mr. Gas Foundation
The Orleans Lions Club Inc.
The Ottawa-Carleton Public Employees’ Union
The Pampered Chef of Canada
The Patenaudes
The Professional Institute of the Public Service of Canada
The Redeemed Christian Church
The Royal Canadian Legion
The Royal Oak
The Wesley & Mary Nicol Charitable Foundation
The William & Jean Teron Foundation
The Works Gourmet Burger Bistro Inc.
Thelma M. Gleeson
Theresa Saint-Pierre
Thérèse Bartley
Trevor Chin Quee
Vishwa Mathur
Vivienne Poy
W. Ormond Murphy
Walmart Canada Corp
Wayne Ryan
Wendy Birkinshaw Malo
Westin Hotel & Resorts - The Westin Ottawa
William Douglas Watson
William G. Mills
William Rooney
William Turner
WrightCo Management Consulting Ltd.
WSIB Staff Association Charity Trust Fund (Ottawa)
Yi Chen
ZW Project Management Inc.

$5,000 - $9,999

3M Canada Company
Bel-Air Lexus Toyota
Bentall Kennedy (Canada) LP
Bruce Dempsey
Carp Agriculture Society
Chicken Farmers of Canada
CIBC Head Office
David J. Dunsmore
David MacLaren
Doyle Salewski Inc.
Ehab Armanious
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Estate of Ella Wallace Manning
Estate of Mrs. Mary L. Wright
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Isabel Van Lierde
John W. Strath
Kraft Canada Inc.
Lions Club of Gloucester Inc.
Lorraine Pollock
Louise Morrison
Marc LePage
McKenzie Financial Charitable Foundation
Ottawa International Airport Authority
Soeurs de la Charité d’Ottawa
Soloway, Wright LLP
Union Local 613

$10,000 +

Adobe Canada (Tides Canada Foundation)
Bloomberg
Cisco Systems Canada
City of Ottawa
Community Foundation of Ottawa
Derek & Joan Burney
Estate of Albertina Gobin
Estate of James Ross Alguire
Filles de la Sagesse du Canada
George Weston Limited
Human Resources and Skills Development Canada
Jenepher M. Hooper
John Lapensée
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Kivuto Solutions Inc.
Loaves & Fishes Fund of Ottawa-Carleton
Mechanical Contractors Association
National Arts Centre Orchestra Players Association
Ottawa Guild of Potters
Otto’s Service Centre Ltd.
Otto’s Subaru - Westboro Auto Imports Ltd.
RBC Foundation
Robert Construction
Soeurs de la Charité d’Ottawa
TD Bank Financial Group
TD Canada Trust, Eastern Ontario Region
Christmas Cheer Foundation
The Ireland Fund of Canada
Thrift Hill Productions Inc.


**KICKSTART SCHOOL BREAKFAST, SUMMER CAMP, AND AFTER SCHOOL SNACK PROGRAM**

Kickstart is devoted to providing nutritious meals and snacks year-round to school-aged children from low income families. The program strives to ensure that children do not start and end their day on an empty stomach and are given every opportunity to focus on education and play without the distraction, lessened energy, and health impacts related to dealing with hunger. In the 2012/2013 fiscal year, KickStart supported 29 school breakfast programs, 20 After 4 Clubs, and 18 Summer Lunch Programs serving 344,312 breakfasts (September – June), 99,351 snacks, and 13,230 lunches at Community Camp programs during July and August. Nutritious food distributed through this Program included eggs, milk, juice, bread, cheese, whole grain granola bars, fresh fruit and vegetables. The KickStart School Breakfast, Summer Camp, and After School Snack Program helps feed the bodies and minds of children in need in our community.

**BABY SUPPLY CUPBOARD**

focuses on supplying our member agencies with much needed, costly, and essential infant care items including baby food, cereal, formula, and diapers. The program targets the community’s most vulnerable population – infants whose parents lack the resources to adequately provide for them on a daily basis. Not only does the Baby Supply Cupboard relieve the burden on caregivers who would otherwise have to sacrifice their own nutritional requirements to meet their families’ needs; it also ensures that proper nutrition will be consistently provided for the healthy development of infants. In the 2012/13 fiscal year, 1,186 cases of baby food, 4,774 cases of diapers, 1,973 cases of baby formula, and 862 cases of baby cereal were distributed to caregivers in need.

**CHICKEN DONATION PROGRAM**

Since 2010, the Ottawa Food Bank has been the grateful recipient of over 6,970 cases of top quality chicken through its partnership with the Chicken Farmers of Canada. In fiscal year 2012/13, the Ottawa Food Bank received and distributed 2,789 cases of chicken to its 140 member agencies, who in turn provide it to those in need.

**FOOD AID**

Food Aid is a program that enables the Ottawa Food Bank to add much needed protein to the diets of individuals and families in need while at the same time supporting the local farming community. In May 2013 the Ottawa Food Bank’s annual Food Aid BBQ and radio broadcast raised $160,010 to purchase local cattle. Processed locally, this quality ground beef is then frozen and delivered to the Ottawa Food Bank which in turn distributes it to 140 member agencies across the city. Since its inception in 2005, Food Aid has purchased 1,718 cows, had 202 cows donated by individual beef farmers, and distributed over 829,440 pounds of protein-rich ground beef to families and individuals in need.

**FRESH HARVEST AND CITY HARVEST**

are the Ottawa Food Bank’s perishable food retrieval programs. Each day, the Ottawa Food Bank’s Fresh Harvest truck makes stops at major local grocery stores, picking up such items as fresh meat, produce, bakery, and deli goods. This food is then delivered the same day to one of the Ottawa Food Bank’s member agencies, typically a soup kitchen or emergency housing shelter. City Harvest is a perishable food retrieval program that focuses on prepared meals and food items from local restaurants, retirement homes, and food service providers. The Ottawa Food Bank’s City Harvest truck picks up the prepared foods and delivers it directly to a soup kitchen or member agency that offers a meal program. In the 2012/13 fiscal year, a total of 1,004,373 lbs. of food and prepared meals were collected and distributed through both programs.

**COMMUNITY HARVEST**

Community Harvest was created with the goal of providing a greater quantity and variety of local, nutritious, fresh, and environmentally sustainable food to those in need the Ottawa community. Through this program, the Ottawa Food Bank has developed and fostered partnerships with local farmers, and created meaningful engagement opportunities for volunteers, community members, and partners. This past year, the total fresh produce grown, gleaned, and gathered rose from 56,130 lbs. in 2012 to a record 104,710 lbs. In addition to beets, broccoli, cabbage, potatoes, winter squash, and zucchini, new partner farms and expanded land availability enabled new crops to be grown that included cucumbers, tomatoes, cantaloupe, peppers, herbs, brussels sprouts, celery, and tomatillos. The number of crop varieties also increased, giving Ottawa Food Bank member agencies a more diverse and even supply of fruits and vegetables.

**HOW YOU CAN HELP**

**Volunteer:** Write to our Volunteer Coordinator to find a volunteer opportunity that works for you. volunteer@ottawafoodbank.ca

**Monetary Donation:** Make a secure donation over the phone or online today! 613-745-7001 www.ottawafoodbank.ca/donate

**Food Donation:** Drop off a food donation at our Michael Street warehouse or in a red bin at your local participating grocery store.

**Text to Donate:** Text HUNGRY to 45678 to make a one-time $5 donation (details at mobilegiving.ca)
THIRD PARTY EVENTS

Thank you to everyone who held an event in support of the Ottawa Food Bank during the 2012-13 fiscal year.

Adobe Golf Tournament
All Seniors Care Grandparent’s Day
Atlantic Universities Alumni Pub Night
Beaver Cup
Blue Ant screening of The War of 1812
Bruce Springsteen Concert
Bushpilots Benefit Concert
Canada Science and Technology Museum
Members Holiday Party
Capital Food Blitz
Christmas Cheer Breakfast & Broadcast
Christmas Goose Concert
Cisco Golf Tournament
Crush Improv Food Drive
CTV Morning Live/BOB FM Food Drive
DFAIT Golf Tournament
Dusty Owl Fundraiser
East India Co Restaurant Fundraiser
Emerald Luncheon
Five Hole for Food
Food Aid/Rural Expo
Fred Wong Memorial BBQ
Friends of the Farm Plant Sale
Giant Tiger BBQ
Glebe BIA Winter BBQ
Gloucester Fair
Gowlings Big Bank Deposit
Great Bowls of Fire
Great Canadian Chicken BBQ
Great Glebe Garage Sale
Halloween Food Drives
Harry Nowell Celebrity Photo Contest
Huron Carole Concert
Investors Group Comedy Night
Jewel 98.5FM’s monthly food drives
Mayor’s Annual Canada Day Celebration for Seniors
Mayor’s Annual Christmas Celebration
MCA Ottawa Golf Tournament
NAC Fan Fair
Nakkertok Ski Pulk Pull
NCAO Food Drive
OC Transpo Loblaws Food Drive
Ottawa 67’s/Scouts Canada and Scotiabank Food Drive
Ottawa Court House Food Drive
Ottawa Foodie Challenge
Ottawa Ice Bowl
Ottawa Police Association Christmas Party
Ottawa Senators FanFest
Ottawa Senators Open Practices
Provincial Food Drives
RCMP Musical Ride Open House
Re/max Holiday Party
Royal Canadian Mint BBQ
Santa’s Souper Singers
Scouts/Metro Food Drive
Southway Hotel Lighting Ceremony
St. Patrick’s Day Parade
Steering Towards Hope Fundraiser
Tenant-Landlord Food Drive
Tenor’s Feed with your Heart
The BEAR 106.9FM Food Drive
The Masha Krupp Translation Group Ottawa’s Got Talent Fundraiser
The New Ottawa Doll Show and Sale
The Phoenix Fundraisers
The WORKS Fundraisers
Tim Hortons Food Drive
Tim Hortons Jamboree
Trick or Treat with the Mayor
Wal-Mart Food Drive
Whole Earth Expo
Zombie Walk

OTTAWA FOOD BANK VOLUNTEERS

The kind-hearted people who volunteer their time help ensure the Ottawa Food Bank is able to strive towards the vision of no one going hungry in the Ottawa community. The Ottawa Food Bank is lucky to work with a variety of people from students and retirees to sports teams and corporate groups, along with individuals with varying physical and mental abilities.

VOLUNTEER HOURS BY ACTIVITY – FISCAL YEAR 2012-2013

<table>
<thead>
<tr>
<th>Activity</th>
<th>Hours</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Miscellaneous</td>
<td>4,320</td>
<td>18%</td>
</tr>
<tr>
<td>Board of Directors/Committee</td>
<td>600</td>
<td>3%</td>
</tr>
<tr>
<td>Community Harvest</td>
<td>1,627</td>
<td>7%</td>
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<tr>
<td>Events</td>
<td>924</td>
<td>4%</td>
</tr>
<tr>
<td>Office Admin</td>
<td>212.5</td>
<td>1%</td>
</tr>
<tr>
<td>Individuals</td>
<td>7,492.5</td>
<td>32%</td>
</tr>
<tr>
<td>Groups</td>
<td>8,220.5</td>
<td>35%</td>
</tr>
</tbody>
</table>

Stats
- Volunteers donated 23,396.5 hours of their time in 2012-2013
- Volunteers completed the work equivalent to that of approximately 13 full-time employees this fiscal year.
- This fiscal, the Ottawa Food Bank had the pleasure of working with approximately 3,000 volunteers.