

Year in Review 2018-2019



VISION: Healthy, accessible, sustainable food for all.

MISSION: We work in partnership to create a healthier city by empowering people, increasing access to healthy food, and advocating for systemic changes that reduce food insecurity.

www.ottawafoodbank.ca

A Message from the Chief Executive Officer

I was recently asked by a journalist during a radio interview to “give my best pitch as to why listeners should support the Ottawa Food Bank”.

My response was that our organization depends on the generosity of our community whose support allows us to provide food to the thousands of people who turn to us and our partner agencies every month – that supporting the Ottawa Food Bank was as if a caring community was wrapping its arms around people who are struggling so that no one was left behind.

Your concern and generosity meant that the Ottawa Food Bank was able to provide food for more than 39,000 people every month during the 2018-2019 fiscal year. Our focus is not just on providing food but providing nutritious food. We understand that the health of people living in poverty is worse than the rest of the population, therefore nutritious food is even more important.

We continue to improve the quantity of fresh food we provide to our extensive

network of partner agencies. We grew more food in our farm, we recovered more food from our grocery partners, and we purchased more fresh food during the winter months.

Your support has enabled us to make a series of investments that allow our network to more effectively meet the needs of their communities. We’ve invested in community kitchen programs that bring the community together to cook warm and nutritious meals. We’ve purchased refrigerators for partner agencies so they can provide increased amounts of fresh food. We’ve also just completed the installation of a new freezer in our warehouse that will allow us to significantly increase the amount of frozen beef, pork, chicken and fish we recover from retailers.

We hope you are proud of the directions we are taking, investing your donations in programs that increase the amount of healthy food we make available to the community. But our work doesn’t stop there.

Our team is working hard to bring the issue of food security to the forefront of public policy discussions at the municipal, provincial, and federal levels of government. We envision a community that sees significantly fewer people relying on emergency food sources. To achieve that vision, we are encouraging governments to invest in more affordable housing and to provide families with enough social assistance to purchase the food they need.

We will continue to speak up. We will continue to be the voice for those who can’t be heard. We will not stop until we see change.

I want to offer my most sincere appreciation and thanks for your support during the past year. Your trust and partnership are helping to build a better community – a healthier community. A community that will one day be without hunger.

– Michael Maidment



A Message from the Chair Of The Board



In 2019, I was honoured to be elected Chair of the Ottawa Food Bank Board of Directors, succeeding David Law who retired from the role after many years of dedicated service. It is an exciting time at the Ottawa Food Bank with innovations, improvements and of course challenges ahead in 2020.

The ongoing efforts of the Ottawa Food Bank's donors, volunteers, member agency programs, and staff are inspiring to see and incredible to be a part of.

I have always believed in helping your neighbour, and that really is what the Ottawa Food Bank and our member programs are all about. With increases in the cost of living, housing, and food, the need has never been greater.

Your support allows the Ottawa Food Bank to fight hunger in our city.

I am encouraged by the support we continue to receive from the community, allowing us to deliver fresher and more nutritious food to our member agency programs. Through an increased focus on Food Recovery programs, reFresh produce purchases, and our farm, we have significantly increased both the quantity and quality of food available to our member agencies. The recent addition of a registered dietician to the team further supports these ongoing initiatives.

We recognize that some of our member agencies require support to build their own capacity to allow them to receive and distribute more and fresher food to their clients. The Ottawa Food Bank is committed to building the capacity of our member agencies through the provision of grants for such things as upgrades to refrigeration systems, community kitchens, and programming.

With a new decade begun, we must all re-dedicate ourselves to the work of providing for those members of our community who are hungry and struggling to make ends meet. Whether you support the Ottawa Food Bank through donations or volunteerism, you are part of the solution and you have my sincere thanks.

– Greg Strahl

Board of Directors

We have much appreciation for the individuals who have volunteered their time on the Ottawa Food Bank Board of Directors during the 2018-2019 Fiscal Year.

CHAIR

Greg Strahl

Partner, Palladium Insurance

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Co-Owner & Manager, Union: Local 613

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Executive Director,
Banff Avenue, Community House

Nicole Perras

Coordinator,
Orleans-Cumberland Food Bank

Yacouba Traoré

Executive Director,
Rideau-Rockcliffe Community
Resource Centre

Kevin Williams

Jericho Road Ministries,
Director of Addiction Services

Member Agencies

The Ottawa Food Bank is the central food collection, storage, and distribution centre for a network of 112 hard working front-line food programs across the city. These programs our member agencies, include community food banks, food cupboards, meal programs, multi-service programs, summer lunch programs, and After 4 Clubs.

For many of our partners, food is just the first step. They also provide safe spaces, resource and support systems, community gardens, skills training, community kitchens, youth programming and more. Our member agencies must step up and do more in our city every year. To meet the

needs of our agencies and the community, we are working hard to build capacity within these programs through grant funding while ensuring fair distribution of donated and purchased food based on each agencies' needs. We are also working with research partners to collect data which will help us make evidence-based decisions while we work with our agencies to address the needs of their communities.

Thank you to the member agency programs below who we proudly partnered with during the 2018-2019 fiscal year. Your dedication to your neighbours is inspiring.

COMMUNITY FOOD BANKS

Banff Avenue Community House
Banque Alimentaire C.C.S. Food Bank
Blair Court Community House
Britannia Woods Food Pantry
Caldwell Family Centre
Centretown Emergency Food
Confederation Court Community House
Dalhousie Food Cupboard
Debra Dynes Family House
Foster Farm Family House
Gloucester Emergency Food Cupboard
Heron Emergency Food Centre
LifeCentre Food Bank
Lowertown Community House
Morrison Gardens Emergency Food Centre
Orleans-Cumberland Food Bank
Parkdale Food Centre
Partage Vanier
Pavilion Food Bank
Pinecrest Terrace Family House
Riceville Food Centre
Rideau Rockcliffe - Emergency Food Program
Russell Heights Community House
Sadaqa Food Bank
Samaritan Support Services of Ottawa-Carleton
Westboro Region Food Bank

FOOD CUPBOARDS

All Nations International Gospel Church
Carleton University Food Centre
Carlington CHC
Catholic Immigration Services
Centre Psycho Social
Cit  coll giale
Community Compassion Centre
Eastern Ottawa Resource Centre
Elizabeth Wynn Wood Alternate Program
Harmony House
Hunt Club Riverside CSC
JF Norwood House

John Howard Society - McLaren
John Howard Society - Ste. Anne
Kosher Food Bank
Life House 2nd Stage - Ottawa Mission
Lotus House
Odawa Native Friendship Centre
Richard Pfaff
Sandy Hill Community Health Centre
UOSU Food Bank
Tungasuvvingat Inuit Family Resource Centre
Woodlawn - Ottawa Mission
Youth Services Bureau - Besserer
Youth Services Bureau - Carruthers
Youth Services Bureau - Cooper
Youth Services Bureau - McEwen
Youth Services Bureau - Nelson
Youth Services Bureau - Queen Mary
Youville Centre

MEAL PROGRAMS

Britannia Woods Grab and Go
Caldwell Family Centre Cooking Class
and Community Kitchen
Capital City Mission
Centre 454 - Anglican Social Services
Centre 507
Christie Lake Meal Program
Cornerstone 172
Cornerstone 314
Cornerstone 515
The Door Youth Centre
Empathy House of Recovery
Foster Farm Lunch & Breakfast Program
Heather Manor
Jericho Road Ministries
Orleans-Cumberland Community Kitchen
Parkdale United Church - In from the Cold
Regina Towers
Rideauwood Addiction and Family Services
Somerset West CHC Drop-in
St. Luke's Table

Van Lang Community Kitchen
Vesta Recovery Program for Women

MULTI-SERVICE PROGRAMS

AIDS Committee of Ottawa
Bethel Care Centre
Centre Espoir Sophie
Good Day Workshop
Inner City Ministries
Minwaashin Lodge
Operation Come Home
Ottawa Mission
Salvation Army - Bethany Hope Centre
Salvation Army - Booth Centre
Shepherds of Good Hope
St. Joe's Women's Centre
St. Joseph's Parish
St. Mary's Home and Young Parent
Outreach Centre
The Well

KICKSTART - AFTER 4

After 4 Club - Banff Avenue
After 4 Club - Blair Court
After 4 Club - Britannia Woods
After 4 Club - Caldwell/Carlington
After 4 Club - Carlington CHC
After 4 Club - Club 310
After 4 Club - Confederation Court
After 4 Club - Debra Dynes
After 4 Club - Emily Murphy
After 4 Club - Foster Farm Breakfast
After 4 Club - Foster Farm Community House
After 4 Club - Orkidstra
After 4 Club - Michelle Heights
After 4 Club - Morrison Gardens
After 4 Club - Pinecrest Terrace
After 4 Club - Rideau Rockcliffe / Leetian & Isaac
After 4 Club - Russell Heights
After 4 Club - Christie Lake

FOOD & OPERATIONS INDUSTRY PARTNERS 2018-2019

Through their generous donation and wholesale of goods and services, our food and operations industry partners make a significant impact on the Ottawa Food Bank's efficiency rate. Thank you for your generous support!

- Bread and Roses Bakery
- Burnbrae Farms
- Canadawide
- Chicken Farmers of Canada
- Costco
- Day and Ross
- Dempster's - Canada Bread
- Egg Farmers of Canada

- Erb Transport Limited
- Feed Ontario
- Frank's Baked Goods and Catering
- Giant Tiger
- Independent Grocers
- Loblaws Companies East - National Grocers

- Loblaws Grocery Stores
- Metro Grocery Stores
- Metro Warehouses
- Natunola Health Inc
- NG Cash and Carry
- Pete's Gluten Free
- Quality Meats
- Saputo Cheese G.P.

- Sealtest-Natrel
- Stericycle Expert Solutions
- Summit Foods
- Sun Tech Tomatoes
- Wal-Mart Canada Corp.
- Weston Bakery

Ottawa Food Bank Programming

YOU HELPED PROVIDE SOLUTIONS BEYOND JUST FOOD

The Ottawa Food Bank made some significant commitments regarding the health of people in our community. In April, we were able to hire a registered dietician to regularly review the food we provide, advise on food purchases, and help us understand and identify health challenges faced by people who turn to food banks. We also hired a community developer to help us work within our network, understand the challenges and gaps in service, and to help manage change with our most important partners: our network of emergency food providers. The community developer is also working on developing new guidelines to ensure equity and standards of care across Ottawa.

YOU HELPED INCREASE THE AMOUNT OF FOOD WE COULD DELIVER

As the need in the community continues, and as we increase our commitment to fresh food, space has become a premium at the Ottawa Food Bank warehouse on Michael Street. We were fortunate enough to receive a capital grant from the Ontario Trillium Foundation to purchase and install a new 7,200 cubic foot freezer. This new freezer will mean we can take more frozen food and continue to grow our **Meat Recovery Program**. In 2019, we recovered 180,360 pounds of quality meat from grocery store partners, like Metro and Loblaws. This was close to the maximum we could physically take and meant we were turning away other opportunities of frozen food. The new freezer has substantially increased our capacity and means more nutritious food for the community. Even with the new freezer, space is very limited at our current location. The Ottawa Food Bank has undertaken a review of the current and projected needs to help identify the required space needed to best serve Ottawa moving forward.

YOU PROVIDED MORE HEALTHY AND FRESH FOOD

Our farm continues to be an important source of highly nutritious fresh produce for the community. During the summer of 2019, you helped grow 113,829 pounds of produce on our **Community Harvest** farm in Stittsville, including 18 different varieties of fruits and vegetables. Thanks to the incredible support of donors, we were also able to expand our commitment to fresh produce year-round by increasing our **reFRESH** budget by \$170,000. This meant we were able to add seven new fruits and vegetables that we provide year-round, bringing the total to 11 items, as well as extending fruits available to 12 months of the year.

YOU HELPED PROVIDE MEALS TO CHILDREN ACROSS THE CITY

The Ottawa Food Bank revamped one of our most important programs - our **Summer Lunch Program** for children in Ottawa. The 2019 Summer Lunch Program, sponsored by Hydro Ottawa, gave children, attending free summer day camps in community houses across the city, a chance to learn hands on about healthy food. Every day, they made their lunch from scratch with the fresh ingredients provided by the Ottawa Food Bank. We also included a fun food literacy component to help kids understand how to make healthy choices. Our registered dietician visited many of the 17 locations to run activities and teach the children fun food-related lessons. Over a 7-week period, 500 lunches were provided in some of the most vulnerable communities in Ottawa.

reFRESH PRODUCE PURCHASES

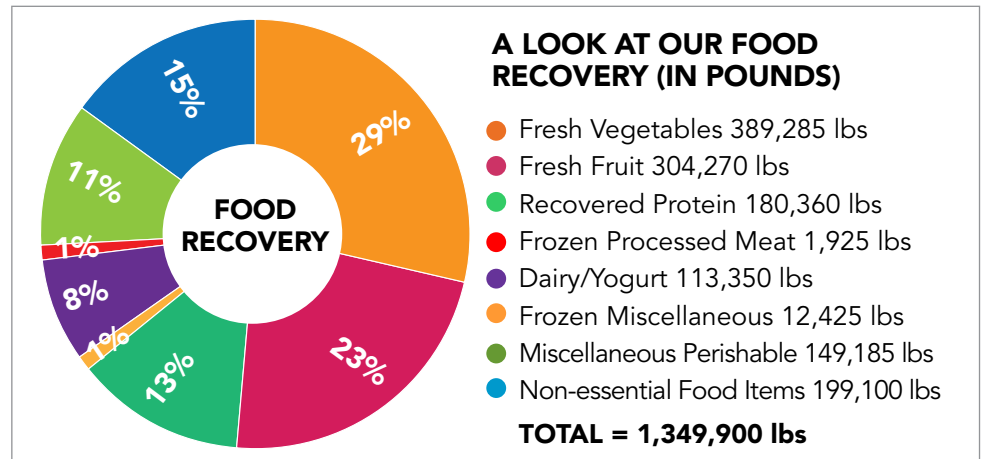
- Potatoes
- Carrots
- Onions
- Apples
- Zucchini
- Sweet potato
- Pears
- Green peppers
- Cucumber
- Oranges
- Tomatoes

PRODUCE GROWN AT OUR COMMUNITY HARVEST FARM

- Potatoes
- Peppers
- Carrots
- Kale
- Broccoli
- Cauliflower
- Watermelon
- Cantaloupe
- Tomatoes
- Eggplant
- Cucumbers
- Zucchini
- Beans
- Beets
- Leeks
- Squash
- Onions
- Cabbage

YOU HELPED PROVIDE EMERGENCY PROGRAMMING

While the devastating tornadoes that hit the National Capital Region happened in September of 2018, much of the support and responsive emergency programming to follow occurred during our 2018-2019 fiscal year, which began October 1, 2018. During this extreme time of need, the community's generosity helped us to provide over \$300,000 worth of gift cards, and thousands of dollars worth of food. We once again want to thank the community programs and our member agency programs who stepped up when their neighbours were faced with such incredible need. For full details, visit ottawafoodbank.ca and read our Tornado Relief Efforts Report.





Food Distribution: Fiscal Year 2018-2019

The Ottawa Food Bank supports its member agency programs and the community by collecting, purchasing, and distributing millions of pounds of food each year. This food is provided by food industry partners and generous donors through food drives, events, and our collection bins in local grocery stores. Financial donations allow the Ottawa Food Bank to make up for any shortfall in food donations as well as purchase nutritious perishable items such as eggs, milk, yogurt, fish, ground beef, and fresh fruits and vegetables.

The Ottawa Food Bank has continued to expand our food recovery efforts, including the protein recovery program, One More Bite. As a result, meat distribution

increased to over 382,930 lbs., an increase of six per cent over last fiscal year. Thank you to our grocery store partners for supporting and growing this initiative. This past fiscal, the Ottawa Food Bank responded to the needs of the community by distributing \$9,049,797 worth of donated food and \$1,779,872 of purchased food. The items provided to families and individuals were broken down in distribution as shown below.

Beyond much-needed food, we also provide necessary non-food items such as household supplies and diapers. These items accounted for an additional 135,075 lbs. and 34,901 lbs. of goods distributed, respectively.

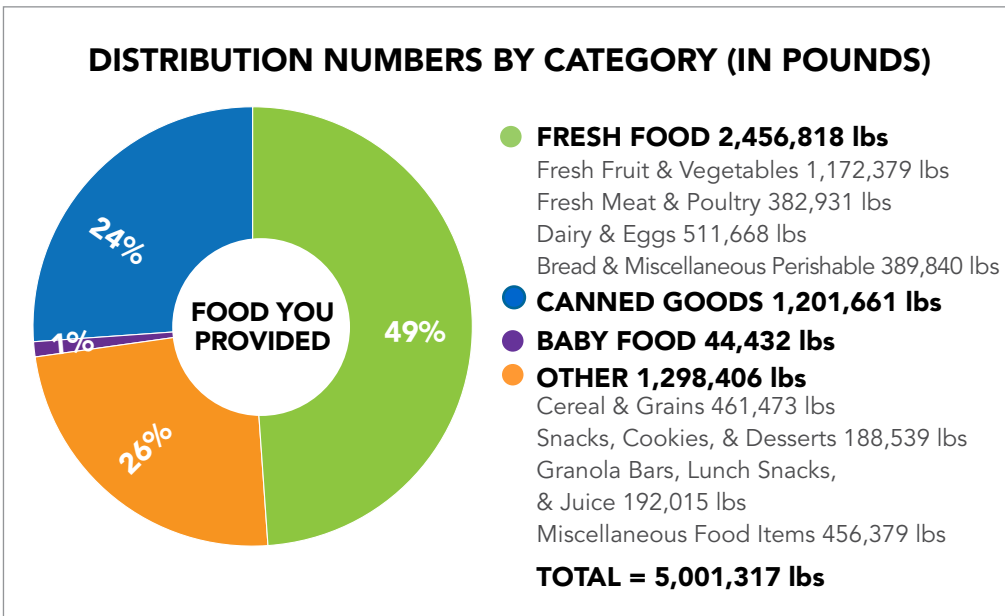


“We don’t really have food. I don’t have much left and I have kids and I’m worried, but I know it’s a food bank and I can talk to them...for people to want to give, it’s amazing. The people behind this? Those people giving? I can’t even wrap my brain around it. You see a fellow human being and you have extra and you’re willing to give? It’s amazing. It’s love. That’s just it. It’s love. It comes from deep within them.”

- Food Bank Client at Britannia Woods Food Centre

“If I hadn’t been to the food bank... I would have nothing at my house to eat until Wednesday. My cupboards would be bare. Right now, I don’t have a vegetable in my house. And I don’t have a fruit in my house...”

- Food Bank Client at Bethel Care Centre



Financial Overview

Our fiscal year is October 1, 2018 to September 30, 2019

\$9 MILLION

TOTAL VALUE OF FOOD

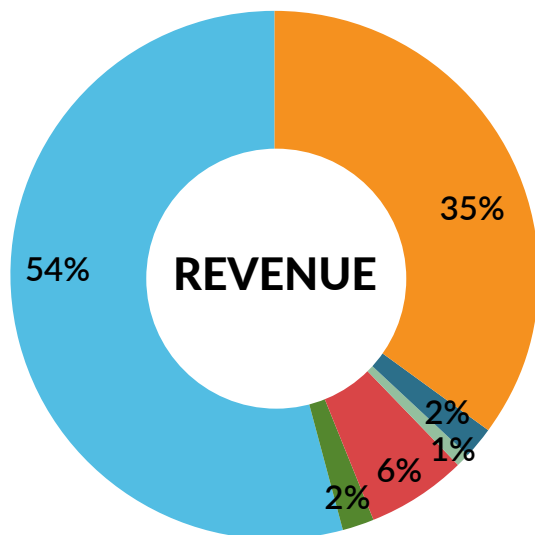


\$7.8 MILLION

TOTAL FUNDS DONATED

\$16.8 MILLION

TOTAL FOOD AND FUNDS INVESTED TO SUPPORT THE COMMUNITY



- Individual Donations \$5,866,487
- Grants and Corporate Sponsorship \$348,952
- Other Income \$115,736
- Community Engagement Events \$1,069,587
- Municipal Government Grants \$368,815
- Value of Food Donated and Distributed \$9,049,797

**A jump in generosity and corresponding expenses were seen this fiscal due to the community response following the tornadoes that hit the National Capital Region.

Impact of Your Donations



\$13,651,779

Charitable Programs including food purchases, distribution of donated food, and operations



\$1,612,164

Food and Fund Raising efforts



\$829,024

General Administration

Total revenues for the year ending September 30, 2019 were \$16,819,373 with operating expenses coming in at \$16,092,967. This gave the Ottawa Food Bank a net surplus of \$726,406. The community's generosity allowed the organization to continue to increase spending in key areas such as fresh food while also making investments to assist with capacity building within our network of member agency programs. The Ottawa Food Bank also continues to apply surplus funds towards our target of a six-month operational reserve fund. This is to ensure there is no disruption in service should we experience unforeseen financial challenges.

To see the full impact of your support, please visit www.ottawafoodbank.ca to review our complete Audited Financial Statements and take a look at our Charity Intelligence page to get a complete breakdown of outputs.

We would like to sincerely thank the individuals, families, businesses, teams, workplaces, and groups who made a commitment to their community by donating to the Ottawa Food Bank during the 2018-2019 fiscal year.

You were there during the giving season, throughout the year, and during extreme times of need – like following the tornadoes that hit the National Capital Region. Below is a list of generous supporters who contributed \$1,000 or more, including those who made a legacy gift through our Tomorrow's Harvest program.

**CUMULATIVE GIFTS:
\$1,000-\$4,999.99**

2152745 Ontario Inc.	Christine Banfill	Geoffrey Boole	Canadian Cattlemen's Association
2432224 Ontario Inc.	Bank of Canada	Scott Bosman	Canadian Gas Association
2Keys Corporation	Robert Baragar	Jackie Bouchard	Canadian Meat Council
3M Canada Company	Constance M. Barrowclough	Raymond Boucher	Canadian Real Estate Association
A. Brigandi Consulting Inc.	Thérèse Bartley	James Boychuk	Canderel
A.M.B. Lift Inc.	Lisa Bartoletto	Orest Boychuk	CANLAT Foundation
Tracy Abbott	Jeremiah Bartram	Gillian Boyd	Jean-Claude Caprara
Tyseer Aboulnasr	Bayer CropScience Inc.	Mary Sue Boyle-Wilson	Carol Card
Eva Adamyk	BBS Construction (Ontario) Ltd.	James & Linda Bradley	Leo D. Cardella
Adobe	Adam Beacham	Paul Bragg	Carleton University
Krikor Aghajanian	Michael Beale	Byrne Bramwell	Chemistry Magic Show
Sherlynn Akitt	Rob Beanlands	Anthony C. Branch	Carlingwood Mall
Najam-Us-Saqib & Asma Alavi	Suzanne Bedard	Brandon & Megan's No Frills	Anthony Carricato
Ahmed Ali	Curtis Behmann	Rod Brandvold	Harold Carswell
Judith Allanson	Carol & Richard Belanger	Mica Brdar	Larry Cebulski
Glenn & Susan Allard	Michel Belanger	John Brewer	Tim Chadder
Don Allen	Paul Belisle	Brian Regan Psychology Professional	Nicolas Chagnon
Eric Allina	John Bell	Anthony & Carol Brigandi	Peter Channen
Don & Patricia Amundrud	Brian Bencze	Jennifer Brigandi	Charitable Impact
Jessica & Craig Andrews	Benevity One World	Carol Brigham	Deborah Charron
Francis Anjo	Bentall Kennedy (Canada) LP	Bernard Brister	Louise V. Charron
Aqueduct Foundation	Pamela Berger	Brian G. Bristow	Jean-Philippe Chartrand
Keith Armstrong	Denis & Lucette Bergeron	Henry & Susan Brown	Chateau Lafayette of Ottawa Ltd.
Ashton Gate Farm Ltd	Chantal Bernier	Holger Brueckner	Helene M. Chevalier
Lana Asselstine Barnicke	Ian Betty	Anda Bruinsma	Trevor Chin Quee
Michael Aube	Harsimranjeet Bhatia	Gregory L. Bryson	Chinese Christian Church of Ottawa
Patricia Ault	Brian Biggs	Victoria Burke	Anna Chow
AVAST Business	Wendy Birkinshaw Malo	Ron Burns	Christ Church Bells Corners
Greg Babcock	Richard & Annette Birmingham	John E. Burroughs	William Chu
Khaled Badawi	Andrew Birrell	Clarissa Bush	Circle K
Sebastien Badour	Germain P. Bisson	Richard Cadieux	Barbara R. Clark
Resham Bains	Hans Bleeker	CADTH	Catherine Clark
Baird Benefits Plus	Margaret Bloodworth	Cajole Inn Foundation	Edward Clark
Christopher Baker	Blue Box Associates Inc.	Brett Caldwell	Jessica Clark
Mette R. Baker	Blue Link ERP	Neil J. Campbell	Lorraine Clarkson
	James Bomhof	Canada Revenue Agency	
	Linda Bonen		
	Robert Bonin		
	Thomas Joseph Bonner		

Hope E. Clement	Alain Desmarais	Nancy England	Good Shepherd Lutheran Church
Anne Marie Clermont	Monique Desnoyers	Mary English	Goodbye Graffiti Ottawa
Colliers Project Leaders	Pierre Despres	Enterprise Holdings	Joy B. Gordon
Malcolm & Elizabeth Collins	Genevieve Desrochers	Epiphany Anglican Church	Ronald R. Gorichuk
Marilyn Collins	Dilfo Mechanical Ltd.	Ericsson Community	Colleen Gorman
Columbus Club - Council 485	Dillon Consulting Limited	Zsuzsanna Etesi	Amanda Gosewich
Commercial Painting & Renovations Ltd.	Ariane Dind	Robert & Alexandra Evershed	Andre Goudreau
Commercial Roofing Inc.	Qiang Ding	Margaret Extence	Patrick Goudreau
Commissionaires Ottawa	DND - CFINTCOM - DTRI	Lenore Fahrig	Robert M. Gow
Congregation of Notre Dame	Ian Docker	Yuan Fang	Debbie Graham
Tena M. Connelly	Geoff Doherty	Sheila Farquhar	Jane E. Graham
Walter L. Conrad	George Dolhai	Maritza Felices Luna	Julian A. Graham
Allison Cooper	Timothy Dooling	Felicis Holdings Inc	Robert Gramlich
Robert Corley	Blanche Doucet	Felix Y. Manalo Foundation Inc.	Great Canadian Theatre Company
Corus Entertainment - Boom 99.7	James A. Douglas	Joan Ferguson	Greater Essex County ETFO
Country Place Community Association	Henry Downie	Ficara Pediatric Clinic Inc	Jonathan Green
Galen Countryman	Dr. B. J. MacInnis Medicine Professional Corp.	Filles d'Isabelle - Cercle Notre-Dame du Rosaire #1093	Robert Green
Douglas Cousins	Dr. Robert J Chen Med Corp.	Ann Fillingham	Aleksandra Greenlaw
CPCS Transcom Limited	Dreessen Cardinal Architects Inc.	Patrick Finn	Gilles & Denise Grenier
Catherine E. Cragg	Marilynne Drummond	First Aid 4 U Inc	Darin Griffin
Elizabeth E. Crawford	Robert Dubue	Nicole Fitt	Naomi E. Griffiths
Judith A. Cray	Parker Duchemin	Karen E. Floyd	S. Grimes
Credit Counselling Society	Estelle Duez	FMI Atlantic Inc.	Diana Grinnell
Cube Business Media Inc.	Richard Dufresne	Ilene Ford	Gilles Guillemet
John Cuddihy	Michael Dungate	Maurice C. Fournier	Stephen Gurman
N. Robert Cumming	Peter Dunn	Michael Francis	Susan J. Haight
Alex A. Cunningham	Andrew Dunnett	Michel François	Kim Hallaran
William Cunningham	Andre Dupuis	Tracy & Peter Frank	Neil Hamilton
CUPE Ontario Division	Christian P. Dupuis	Forrest H. Frappier	Kelly Hamwi
CUPE/SCFP National Office	William Durnin	Ann & Andrew Fraser	Tim Hanley
Barbara Currie	Peter-John Durrell	Marion Fraser	Jake Harding
Cynthia Currie	Jane Dymont-Saaltink	Christopher Fudge	Duncan Harris
Linda & Christian Damus	École Secondaire Catholique Paul-Desmarais	André Gagnon	Allison Harrison
Deborah Danoff	Economical Insurance Group- Head Office	Alan Gardner	Jesse Harrison
Kathryn D'Artois	Eddy Lands Projects	Pierre Gaulin	Peter Harrison
Daughters of Penelope	George H. Edwards	Richard Gelesko	Rebekah Harrison
Robert & Margaret D'Aurelio	Mary Egan	Geosynthetic Systems	Harry T. Harsch
David Lang Real Estate Ltd.	Église Évangélique D'Orléans	GHD Limited	Sabrina Hasham
Nicole Davie	Bernadette Eischen	Patricia Giff	Elizabeth Hassan
Deborah Davis	Kamal El Tannir	Gilas Management & Maintenance	Richard Hayes
Joanne Davis	Susan Eldridge	Christopher G. Gillies	Eleanor R. Heap
Raymundo De Andrade	David Elhadad	Christopher Gillin	Barbara H. Hebert
Vernon De Guerre	Kathryn Elliott	Louise Gillin	Jean Heenan
Decisive Technologies Inc.	Emmanuel Alliance Church of Ottawa	Azra Gillissie	Porter Heffernan
Brian Delaney	ENCON Group Inc.	Gyl Girard	Jane Heintzman
Nicole Delbrouck		Robert B. Goheen	John & Jennifer Hember
Suzanne Delisle		Edward Goldenberg	Janet Hempstead
Ian DeSchiffart		Good Shepherd Church	James Henderson
			Lorraine Hernandez

THANK YOU SUPPORTERS!

Victoria Hersey
Catherine A. Hickson
Charles C. Hill
Gloria Hill
Margaret G. Hill
Tan Ho
Chris Hobbs
Mary Hodgkin
Ronald E. Holdway
Erik Howarth
Kenneth Howes
Carol P. Huber
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Hudson's Farm Fresh
Michelle Huibers
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John Ledderhof
Agnes Lefebvre
Richard Legault
Danielle Leger
Leah Lepage
James Lepp
Margaret Lerhe
Patrick Leslie
Eileen Lim
Lions Club of Gloucester Inc.

Lions Club of Land O'Lakes Inc.
Liquid Impact Tattoos
Loblaw College Square
Loblaw South Keys
Loblaw Vanier
Catherine Lochrin
David S. Logan
Charles Long
Victor Lonmo
Lorraine Y. Overduin
Psychology Professional
Corporation
Paul & Dawn Loucks
Carole Love
Katherine Lunn
Geoffrey Lusignan
James Lyons
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Marlene & Brian Macdonell
Jeffrey MacKenzie
Michael Mackenzie
Donald J. MacKinnon
Charles Maclaren
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Damian Maclellan
Margaret MacLellan
Calum Macleod
Ross Macleod
Heather MacMillan
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David Maertens
Michael Maidment
Joseph & Juanita Maillet
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Diane & Andre Major
Brian Mann
Sylvia J. Manning
Manotick Tree Movers Inc
John Manwaring
March Networks
Marchwood Dental
Carol Martin
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Henry Matheson
Vishwanath Mathur
Judith Maxwell
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John McAninch
James McArdle
Penelope McCann
James & Jean McCarthy

Matthew McCarthy
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Ross McCooye
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**TOMORROW'S HARVEST:
FOUNDING MEMBER
FREDERICK JACKSON**

Carolann Elliott
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Estate of Darek Iwanski
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Estate of Madeleine Watson
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**We thank you
Nous vous remercions**



**Ottawa Food Bank
La Banque d'Alimentation d'Ottawa**



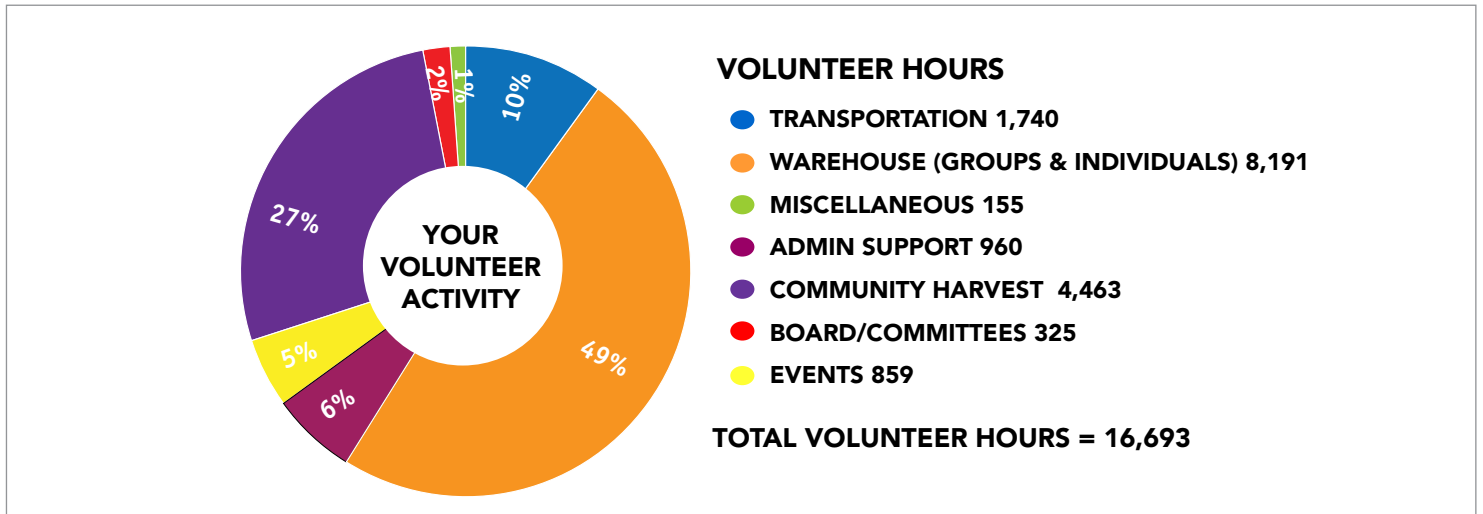
"There are some days, before my baby bonus comes in, there's no food left. And that is frightening. Because my children eat more than I do. When I go without food, my oldest son gets mad at me. But I'm [saying] 'who's more important: you or me right now?' The kids still need the food more because they are still growing."

- Food Bank Client at Caldwell Family Centre



Ottawa Food Bank Volunteers

The Ottawa Food Bank is honoured and fortunate to have the support of groups and individuals who are exceptionally generous with their time. We are always thrilled by the level of commitment, energy, skill, and passion our volunteers bring to the table. We could not do what we do without our volunteers. For more information on our volunteer program, please visit ottawafoodbank.ca and read our Volunteer Impact Report.



VOLUNTEER INFORMATION:

- Volunteers donated a total of 16,693 hours of their time between October 1, 2018 and September 30, 2019.
- Volunteers help us with everything from working on the farm to sorting food in our warehouse. They are also there to deliver food to our member agency programs as well as represent the Ottawa Food Bank over the phone, at special events, and during grocery store food drives.
- On an annual basis, the Ottawa Food Bank is honoured to work with approximately 3,000 volunteers.
- The number of hours collectively contributed by our volunteers equals the same amount of time as adding approximately 7.5 full-time employees to the Ottawa Food Bank team!

How You Can Help

Volunteer

Write to our Volunteer Coordinator to find a volunteer opportunity that works for you. volunteer@ottawafoodbank.ca



Monetary Donation

Make a secure donation over the phone or online today! 613-745-7001 www.ottawafoodbank.ca/donate



Food Donation

Drop off a food donation at our Michael Street warehouse or in a bin at your local participating grocery store.



Community Engagement and Events

Thank you to everyone who held, hosted, or attended an event held by a third-party partner in support of the Ottawa Food Bank. Your generosity and innovation in fund/food raising helped make a better year for families and individuals in our community. We are honoured to have your support and thankful that you have made the Ottawa Food Bank your charity of choice.



BDO Drive Away Hunger



CBC Project Give



CTV Holiday Helpers



IKEA Let's Play for Change



MCA Golf Tournament



Project Ramadan



Thank you for your donation / Merci pour vos dons



Thank you also to the attendees, sponsors, and supporters of our signature annual events.

While we strive to make our events entertaining for all, they also serve an important purpose: to generate the monetary and food donations necessary to reach our goals and support our member agency programs and people in need in our community. Thank you to everyone who comes out to support our neighbours.



FOOD SORT CHALLENGE

The 7th annual Food Sort Challenge in May of 2019, presented by Mondeau Bathroom & Kitchen, was the biggest Challenge we've held to date. When all was said and done 50 amazing teams joined us to compete head-to-head. These generous teams, and sponsors for the day, helped raised over \$70,000! Congratulations once again to Loblaws Team 1050 for earning the title of Food Sort Champion in 2019.



FOOD AID BBQ

Thank you to all who joined us for an afternoon in the sun at our Food Aid BBQ, presented by Casino Lac-Leamy, at Ottawa City Hall on June 7th. Thanks to the generous support of individuals and organizations the 2019 BBQ raised \$79,808! This money goes towards providing high-quality, nutrient-rich ground beef in one-pound quantities to people in need in our community.



THANKS FOR GIVING FOOD DRIVE

Taking place over the course of two days during the Thanksgiving long weekend, this food drive marks the beginning of the giving season and our efforts to restock our shelves to prepare for the long winter months ahead. Thanks to everyone who donated and to our participating grocery store partners, 30,055 pounds of food was donated during this effort.



HOLIDAY FOOD DRIVE

It's always inspiring to see the city come together during the months of November and December for the Holiday Food Drive. During the 2018 Holiday Food Drive, presented by Sobeys, 340 workplaces and groups held food and fund drives on their premises. They collectively raised a very generous \$225,000 and 86,420 lbs.

Ottawa Food Bank | 1317 Michael Street | Ottawa, ON | K1B 3M9
Tel: 613-745-7001 | Email: foodbank@ottawafoodbank.ca | ottawafoodbank.ca



Ottawa Food Bank