



Ottawa Food Bank

FALL 2020

You Feed the Need

GRATITUDE REPORT:

OUR THANKS FOR YOUR EXCEPTIONAL
SUPPORT DURING THE COVID-19 CRISIS

FOOD BRINGS COMFORT: HOW YOU'RE HELPING FEED OUR COMMUNITY

When Beverly* called the Ottawa Food Bank in March, she was frantic.

The 74-year-old woman had run out of both money and food, and was terrified to leave her home during the COVID-19 crisis.

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WHAT'S INSIDE?

- YOUR GIFTS IN ACTION
- MESSAGES OF GRATITUDE
- MOVING FORWARD, WITH YOU



Ottawa Food Bank

1317 Michael Street Ottawa ON K1B 3M9 (613) 745-7001 ottawafoodbank.ca



With a compromised immune system, Beverly had no way to get emergency food support safely. **Thanks to your generosity, the Ottawa Food Bank was able to deliver a hamper of fresh, nutritious food right to Beverly's door.**

Her face absolutely lit up when she saw what was inside her Ottawa Food Bank hamper: meat meat, dairy and produce along with healthy dry goods. She called back the next afternoon, absolutely giddy, wanting to say thank you again for the food you helped provide her during such difficult days.

"It's the first time in a very long time that I've been able to make a pasta sauce," she shared.

Beverly planned out her meals for the following two weeks with the hamper she received, stretching every item as far as she could. When she called, she told us she was planning to make a nice big shepherd's pie that she could freeze and heat up over the following days.

Beverly's voice cracked as she described the comforting smell of home-made food that filled her apartment, a bubbling tomato sauce full of herbs and vegetables she would pour over pasta later that day.

"It reminds me of before, when I used to cook for my family," she said. It was clear even over the phone that the older woman was crying. **Thanks to you, we're now providing emergency food support through home delivery to people in our community like Beverly.**

**name changed to protect privacy.*

2020 GRATITUDE REPORT

By giving to the Ottawa Food Bank, you have helped feed many **of our neighbours like Beverly.** You've ensured no one in our community has to go hungry during the **COVID-19** crisis.



"Thank you. As long as I have a meal for my children the other factors will fall into place."

- Agnes Nakitende,
OFB client



Your Gifts in Action | COVID-19 RESPONSE:



\$4,547,855 WORTH OF FOOD PROVIDED TO THE **COMMUNITY** THROUGH OUR NETWORK

326% INCREASE IN VOLUME OF CALLS FROM **PEOPLE IN NEED OF FOOD**

483 DELIVERIES

DIRECTLY TO PEOPLE IN THEIR HOMES WHO HAD TO SELF-ISOLATE

43,000 HAMPERS

OF **NON-PERISHABLE AND FRESH FOOD** BEING DELIVERED

OVER **100,000** LBS OF **FRESH FRUITS AND VEGETABLES** HARVESTED FROM THE FARM

73 REGISTERED VIRTUAL EVENTS HELD TO **SUPPORT OUR FOOD PROGRAMS**

OVER **\$285,000** RAISED FROM ONLINE EVENTS TO ENSURE MUCH-NEEDED **FOOD GETS TO THE COMMUNITY**



"It feels like Christmas and I want to let you all know how grateful I am today."

- Maria,
OFB client



"At the beginning of the pandemic, the Ottawa Food Bank was my go-to source for information, for myself and for CLK clients. On behalf of us here, I would like to extend much gratitude for your efforts and if we can be of some help to you, please let me know."

- Joanne at Christie, Lake Kids



**THANK
YOU!**



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Moving Forward **With You**

Your support is enabling the Ottawa Food Bank to serve our community more efficiently than ever. **Thank you for helping to fund game-changing technologies!**

A **narrow-aisle forklift** is enabling us to store more food on all three tiers of our freezer. The food you help purchase can now stay usable for longer!

Our farm's **solar panel system** is now in full use, powering cold storage and reducing the number of trips needed to pick up harvested crops.

With your generous support, we're expanding our services to include emergency home deliveries and including more diverse foods to nourish people across all cultures. Thank you!



Prime Minister Justin Trudeau, visiting our farm with his family in July

"As Canadians, we understand how important it is to be there for each other."

- Prime Minister Justin Trudeau

Ways to Give

A gift of stocks allows you to save more and give more! Consider donating your stocks directly to the Ottawa Food Bank.

Easy as 1-2-3:

1. Decide which shares to donate "in-kind."
2. Contact the Ottawa Food Bank's Major Gifts Officer, Tricia at **613-745-7001** ext. **119** or at **tricia@ottawafoodbank.ca**
3. Send the Donation of Securities Form at: **ottawafoodbank.ca/donation-of-securities** to your broker and the Ottawa Food Bank.

To help the most vulnerable among us, donate now at **ottawafoodbank.ca/donate**
EVERY \$1 YOU GIVE = \$5 WORTH OF NUTRITIOUS FOOD!



DONATE MONEY

Every \$1 you give provides \$5 worth of food for men, women and children in need!



DONATE FOOD

Call us to schedule a pickup of perishable items such as fruits and vegetables.



HOST A FOOD DRIVE

Host a food or fund drive.
For more information go to:
ottawafoodbank.ca/food-drive

To find out other ways you can become involved by donating food, time or other supplies.
Please call us at 613-745-7001 ext. 222 or by email at foodbank@ottawafoodbank.ca



**TOMORROW'S
HARVEST** | **LA RÉCOLTE DE
L'AVENIR**

If you would like to leave a gift to us in your Will, please contact Tricia Johnson, Major Gift and Planned Giving Officer at **613-745-7001** ext. **119** or at **tricia@ottawafoodbank.ca**

Get in Touch
@ OttawaFoodBank

