



**Ottawa's Best Volunteers:**

# **VOLUNTEER IMPACT REPORT**

**April 2021**



Ottawa Food Bank  
La Banque d'Alimentation d'Ottawa

# A Message from the CEO Rachael Wilson

This has been a year like no other. While it was a year filled with challenges and heartbreak, it was also one filled with compassion, kindness, and community. We are pleased to present you the Volunteer Impact Report, highlighting the incredible work of volunteers during an extraordinary year.

The pandemic has reminded the community what critical and important role volunteers play, not only at the Ottawa Food Bank but throughout our network and city. We, of course, have known this all along – volunteers are truly the heart and soul of the Ottawa Food Bank. You bring such life and energy to our operations every day.

It is with this in mind that I share our immense gratitude to every volunteer who has given of their time and talent to the Ottawa Food Bank and the network of 112 member agencies.

While we had to dramatically reduce the number of volunteers in our space for safety reasons, we still saw such incredible commitment. Our volunteers are so extraordinarily passionate and dedicated. We are grateful.

We know many of you had to take a step back this past year, and that is OK. We look forward to the day when we can welcome everyone back with open arms to the warehouse, our special events, on our trucks, at the farm, and the member agencies.

It is only by working together and supporting one another that we truly thrive as a community. You are such a key partner for the Ottawa Food Bank.

We are proud to be working with each and every one of you.

Together. Stronger.



# A Message from the Volunteer Coordinator Jo-Anne Turple



Happy National Volunteer Week to Ottawa's Best Volunteers!

After 10 years of having the privilege of managing the outstanding volunteers who support the Ottawa Food Bank, I was sure nothing could surprise me anymore... and then came the COVID-19 pandemic. While we tried to catch our breath and alter our activities in March 2020, we also forged ahead and continued our important work. Since then, our volunteers have blazed a path of support for the Ottawa Food Bank by maintaining our operations to provide food to our member agencies across the city.

While we have missed cherished volunteers who have had to step away during the pandemic, we have also been fortunate to have many volunteers go above and beyond in their volunteering roles. While volunteer opportunities had to be reduced across the organization by

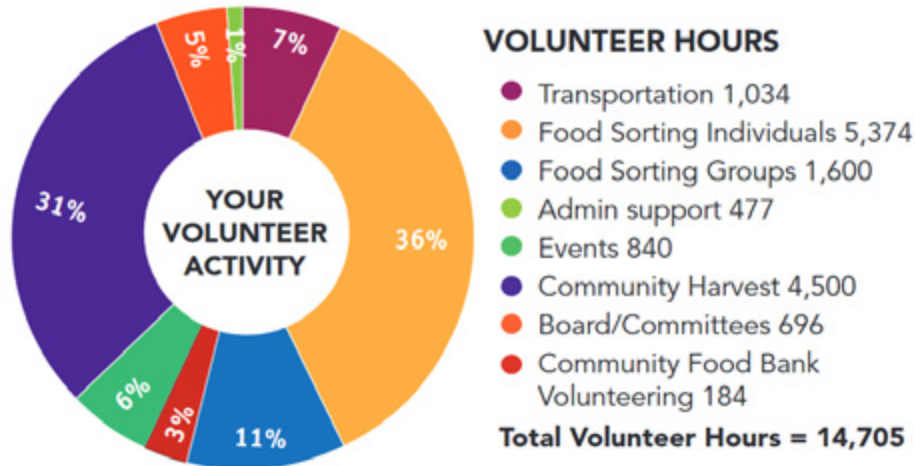
over 50% since the start of the pandemic, we have only experienced a 14% decrease in the number of volunteer hours donated to the Ottawa Food Bank. This is truly unbelievable! It illustrates how fewer volunteers donated even more of their time to help ensure the continued operation on the farm and in the warehouse. Thank you to Ottawa's Best Volunteers!

Whether you have done food sorting in our warehouse, worked at our farm, or delivered food hampers, please recognize yourself as an essential worker to the Ottawa Food Bank. Thank you also to our volunteers who continue to support and cheer us on from the side lines in the meantime. We look forward to seeing you again as soon as we can.

Thank you for the generosity of your time and your heart. Thank you for all that you contribute to the fabric of the Ottawa Food Bank and the city of Ottawa!

# Ottawa's Best Volunteers Support Breakdown

The Ottawa Food Bank continues to be fortunate to have the amazing support of groups and individuals who are exceptionally generous with their time and efforts. We are honoured to work with Ottawa's Best Volunteers, and we truly could not help the community as we do without you.



## Thank you to our Current Board of Directors

We appreciate the support and guidance we receive from our Board of Directors who volunteer their time to ensure we can help the community and the member agency network to the very best of our ability.

### Chair

**Sarah Tremblay**  
Principal Assurance  
GGFL LLP

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Canada Mortgage and Housing  
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Cupboard

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Executive Director  
Rideau-Rockliffe Community  
Resource Centre

**Kevin Williams**  
Director, Addiction Services  
Jericho Road Ministries



# Volunteer Wall of Fame

Thank you to every single person who has chosen the Ottawa Food Bank to volunteer their time over the last year. We would like to highlight some dedicated volunteers and groups who have gone above and beyond and have given so much of their time and energy during the pandemic.

## 25 - 49 HOURS

AILISH SARANCHUK  
ALEC VERCH  
ALICJA SZYCHOWSKA  
ALLISON HOWES  
AMBIKA AGGARWAL  
AMEET BHALLA  
ANN ERVIN  
ANTHONY RODGER  
ARIANA MIHAN  
AVERY WANT  
BENNET HARVEY  
BOB MORRISSEY  
BRIGITTE BILL  
CHARLOTTE LIPIN  
CHRISTIAN CAPEHART  
CONNIE BERRY  
COREY HILL  
DANIEL THOMAS  
DAVID PALFRAMAN  
EADOIN MYLES  
ERIN DOUBT  
FRANCINE RIBEIRO  
GABRIEL MANSOUR  
GAVIN LUMSDEN  
HAITHAM DAR  
HILARY ENNS  
IMRAN DAR  
JENNIFER POOLE  
JOSHUA CHAPMAN  
JULIE DESJARDINS  
KAREN KAIZER  
KEVIN WARREN  
KIM MERRETT  
LAURA DICKSON  
LESLIE TOOPE  
MARGARET LEPPER  
MARIE HAUBERT  
MARY JOY  
MATTHEW TORRANCE

MIKE HARVEY  
NATALIE SACHRAJDA  
NICK KILTY  
NOAH BRIDGEN  
PAT BAUDER  
PAUL BLACKMORE  
PAUL O'SHAUGHNESSY  
PHIL RIVARD  
ROBERT HALL  
ROSE THOMAS  
ROSEMARY SKUCE  
RYAN KAIZER  
SAMANTHA BEAULIEU-  
LABELLE  
SARAH MONTESANO  
STUART DOBIE  
TIM TANG  
TREVOR MILNE  
VICTOR KAIZER  
VIVIEN RUNNELS

## 50 - 99 HOURS

ABIGAIL LANE  
ADAM HECTOR  
ANITA BRATTLAND  
BRENT NORRIS  
CAROL MALLETT  
CAROLYN PIM  
ETHAN ROSENBERG  
HELENE COUPAL-  
LAMBERT  
JACQUELINE  
SACHRAJDA  
JOEY CORBEIL  
KAREN TREBERT  
LINDA LEDUC  
LORI PETTS  
MAHLON ROBINSON  
MARC ROBINSON  
MARILYN AMEY

PAT BLACK  
PIERRE HADDAD  
RITA BALL  
ROBERT JOLICOEUR  
RON ROSE  
STEVEN SAVAGE  
TREVOR NOVAKOSKI  
VASSILIA PAPAS

## 100 - 199 HOURS

ALEX PATCH  
ALLSION HAMILTON  
BARBARA MORRIS  
BETH TROBRIDGE  
BRIEN TAYLOR  
CLAIRE GORMAN  
DANICK FROST  
DELORES TAYLOR  
DON THOMPSON  
JASMINE MACAULAY  
KATE HURMAN  
KEITH GRADY  
MARYSE CLOOT  
MAX RUPRECHT  
PATRICIA TANNER  
PAUL MATTACOT  
RENE VEZINA  
RHYS WILLIAMS  
RICHARD WINK  
THERESE MONTREVIL

## 200+ HOURS

CHRISTINE AUBRY  
ELAINE REYNOLDS  
JAYNE BREDIN  
JILL LAMONT  
KAITLIN BERTIN

## DEDICATED GROUP MENTIONS

CFS LEITRIM  
CIENA  
COMMVAULT  
DAUGHTER'S OF  
PENELOPE CHAPTER 292  
IFS  
JERICHO ROAD  
KNIGHTS OF COLUMBUS  
COUNCIL 13701  
LOBLAWS  
MBM INTELLECTUAL  
PROPERTIES  
OTTAWA COMMUNITY  
HOUSING  
OTTAWA KOREAN  
COMMUNITY CHURCH  
PAY IT FORWARD  
RAYMOND JAMES  
ROGERS  
SUPERETTE

# Volunteer Fast Facts



**1,842**

VOLUNTEERS DONATED THEIR TIME DURING THE 2019-2020 FISCAL YEAR



DUE TO THE PANDEMIC, WE HAVE HAD TO TEMPORARILY SUSPEND RECEPTION AND TRUCK ASSISTANT VOLUNTEER OPPORTUNITIES

EVEN THOUGH WE HAD TO REDUCE VOLUNTEER OPPORTUNITIES BY 50%, THERE WAS STILL ONLY A 14% DECREASE IN THE NUMBER OF HOURS DONATED!

## Volunteer support has made it possible to:



PROVIDE  
**7 DAYS**  
OF EMERGENCY FOOD TO CLIENTS



DISTRIBUTE OVER  
**5,400,000 LBS**  
OF FOOD TO OUR NETWORK LAST FISCAL YEAR



COMPLETE OVER  
**2,200**  
HOME DELIVERIES TO DATE



HARVEST OVER  
**122,500 LBS**  
OF FRESH PRODUCE GROWN AT OUR OWN COMMUNITY HARVEST FARM LAST SEASON



*Thank you!  
Nakurmiik  
Meeqwetch!  
Merci!*

*اكل اركش!  
谢谢你!  
Maarsii!  
Gracias!*

*Grazie!  
Danke!  
Obrigada!  
Mahadsanid!*