



Ottawa Food Bank

FALL 2021

You Feed the Need

IMPACT REPORT

TOGETHER, WE ARE SO MUCH
STRONGER – THANK YOU!

“IT’S HARD WORK, BUT SO REWARDING!”

Our dedicated warehouse coordinator, Achille, shares his perspective on why your support is so vital to the work he does each day.

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WHAT’S INSIDE?

• YOUR GIFTS IN ACTION • DANNY’S LEGACY OF LOVE • ADOPT A CROP: FALL HARVEST UPDATE!



Ottawa Food Bank

1317 Michael Street Ottawa ON K1B 3M9 (613) 745-7001 ottawafoodbank.ca

Your Gifts in Action

Your kindhearted support makes such a tremendous difference to hungry people in your community!

Here's how you've helped:

FOOD TO THE COMMUNITY:



OVER 130,000 POUNDS
HARVESTED FROM
THE COMMUNITY
HARVEST FARM



2500+
PEOPLE PROVIDED
HOME DELIVERY



6500+ HOURS
OF VOLUNTEER
SUPPORT MAY-SEP



1.7M+
POUNDS OF FOOD
DELIVERED TO
MEMBER-AGENCIES



**THANK
YOU!**

FEATURE:

Spreading the love through **dedication** and **hard work!**

Hired in March 2020 to spray and disinfect surfaces in the Ottawa Food Bank warehouse, Achille soon showed he was keen for more strenuous and challenging work.

In August of 2020 he was thrilled to be promoted to a position as full-time warehouse coordinator.

Interviewer: Can you tell me a bit about your work?

Achille: Yes, I'm responsible for ensuring orders are completed correctly and loaded onto the trucks each day. Sometimes I do home deliveries if we don't have enough volunteer drivers.

Interviewer: What's it like to do home deliveries?

Achille: It's really rewarding! My first home delivery was to a woman with a dog. She was so grateful; she even called her dog to come and say thanks for the dog food! It was really sweet. I had such a great feeling after that, knowing I could make such a difference to someone's day.

Interviewer: How do financial gifts from our supporters help the work that you do?

Achille: It helps so much. We didn't get a lot of food donations during the pandemic, so the cash donations made sure we could keep providing food to people in need. Plus, we still need to purchase items that people don't donate, such as baby products, bread, veggies and fruit, meat and dairy.

Interviewer: Is there anything you'd like our generous donors to know?

Achille: I'd just like them to know how very grateful we are for their support. Our entire operation depends on donations. It simply wouldn't be possible without them. So, thank you!



Achille shown above in the Ottawa Food Bank warehouse.



"We didn't get a lot of food donations during the pandemic, so the cash donations made sure we could keep providing food to people in need."



Danny's Legacy: To lift up people struggling with poverty

Linda remembers her Uncle Danny as an incredibly hard worker.

He worked long hours in a restaurant alongside his brother (Linda's father). He never married and had no kids of his own, but was part of a big, loving family that lived in Ottawa for many years.

Danny Yick Him Wong was one of the first of Linda's family to immigrate to Canada. He arrived as a teenager, not knowing English. To learn it, he taught himself. Later, he also taught himself to play the violin!

When Danny died in 2018, he was 82 years old. He had a Will and used his savings to leave gifts to his family and to charities that help people struggling with the effects of poverty such as hunger, poor health, and homelessness.

Linda is the executor of her uncle's Will. She was not surprised to see charities included alongside family members as beneficiaries. She says, "My favourite memory of him is his generosity. He lived modestly, and saved what he could, yet he shared whatever he had."



"I would have been surprised if he had NOT included charities in his Will. He loved Ottawa and his family, and he wanted to give back." - Linda, Danny's niece

The Ottawa Food Bank is honoured to be one of the charities Danny supported with a bequest. His bequest helped purchase food for those in need of emergency food support from 2018 through to today. If you're interested in learning more about making a gift in your will, please contact **Tricia Johnson, Major Gifts and Planned Giving Officer at 613-745-7001 ext. 119 or at tricia@ottawafoodbank.ca**



TOMORROW'S
HARVEST

LA RÉCOLTE DE
L'AVENIR

Holiday Food Drive

Your chance to fill fridges for families in need!

Mark your calendar for the annual Holiday Food Drive, presented by Mosaic.

Each November, we challenge you and other members of the community across Ottawa to help fill fridges and ensure families in need have enough to eat during the holiday season.

The funds and non-perishable food raised will help the Ottawa Food Bank provide emergency food service to our community food programs and their clients well into the winter months.



Last year friends like you helped fill more than 2,341 fridges - enough to provide a week's worth of food for families of four. We're hoping to fill even more this year, and hope you'll join us! You'll even have the option of creating your very own easy to set up online donation page.



For more details visit
ottawafoodbank.ca/holiday-food-drive

2021 GRATITUDE REPORT

"Clients have been so grateful to have us in their neighborhoods and feel that we truly care about their health and well-being."

- OFB agency partner



"I am privileged to support the good work you do."

- OFB donor



"Many clients shared at the door how much they appreciated the variety and quantities of ethnocultural food."

- OFB home delivery driver



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Local businesses **Adopt a Crop**

You likely know we grow fresh produce on our own 8-acre farm near Stittsville, which helps us deliver such a high proportion of fresh food to our 112 agency partners. **But did you know that local businesses can get involved with the community harvest through our Adopt a Crop program, presented by Mondeau Bathroom & Kitchen?**

Each Adopt a Crop ambassador group chooses a crop to champion over the course of the growing season. This year, 15 groups joined in on the fun and selected crops like potatoes, tomatoes, carrots and lettuce. They also had access to onsite community harvest volunteer shifts, virtual events, seasonal recipes and monthly updates straight from the farm!

In total our Adopt a Crop participants filled **1,800** volunteer hours on the farm this growing season. **A big THANK YOU to everyone involved!**



Adopt a Crop volunteers with their harvest.

Your donation's **Journey:**



To help the most vulnerable among us, donate now at ottawafoodbank.ca/donate
EVERY \$1 YOU GIVE = \$5 WORTH OF NUTRITIOUS FOOD!



DONATE MONEY

Every \$1 you give provides \$5 worth of food for men, women and children in need!



DONATE FOOD

Drop your non-perishable items in our red bin at the front of your local grocery store or bring them to the Michael St. warehouse.



HOST A FOOD DRIVE

Host a food or fund drive.
For more information go to:
www.ottawafoodbank.ca/ottawa-food-bank-events/register

To find out other ways you can become involved by donating food, time or other supplies.
Please call us at 613-745-7001 ext. 222 or by email at foodbank@ottawafoodbank.ca



for a hungry child in need.

Giving back in service to others



Alec Patch

"It's hard to cope with life's stresses when you're hungry, and the pandemic reminded us how quickly anyone's circumstances can change."

After he retired from a rewarding career in the military, including several overseas tours, Alec Patch began volunteering with the Ottawa Food Bank. He started his training in January 2020, not long before the first pandemic lockdown.

While he says he still feels like "the new kid on the block" Alec has already logged over 300 volunteer hours since he started! He's done a wide variety of jobs, from sorting food in the warehouse, filling food hampers, pulling weeds at the farm and delivering food to those unable to visit their community food bank.

Alec is also a loyal monthly donor, giving an affordable amount each and every month to ensure we can purchase food and other items for Ottawa families in need. When asked why he gives monthly, Alec says, "I understand that the Food Bank can stretch my dollar pretty far...I like knowing that every dollar I donate can be put wherever it's needed most!"

We're so very grateful to you, Alec, for giving so freely of your time – and your donations!

Just like Alec, you give back in service to vulnerable people in your community. You make such a difference to their well-being.

Thanks for being a part of the Ottawa Food Bank family!

Your Monthly Donor Rights

I understand that I may revoke my authorizations at any time, subject to providing 30 days written notice to the Ottawa Food Bank at the address below, by emailing foodbank@ottawafoodbank.ca or by calling 613-745-7001. I have certain recourse rights if any debit does not comply with this agreement. For example, I have the right to receive reimbursement for any debit that is not authorized or is not consistent with this PAD Agreement. To obtain more information on my right to cancel this PAD Agreement (my recourse rights) or to obtain a sample cancellation form, I may contact my financial institution or visit payments.ca. Your privacy is always respected. Visit ottawafoodbank.ca/privacy

The Ottawa Food Bank is a Registered Canadian charitable institution #10808 2363 RR0001

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Ottawa, ON K1B 3M9

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- ☐ I have already named the Ottawa Food Bank in my Will.
- ☐ I would like more information on how I can help the Ottawa Food Bank through donating shares or planning a legacy gift.