



Ottawa Food Bank
La Banque d'alimentation d'Ottawa

VOLUNTEER IMPACT REPORT 2021-2022

A MESSAGE FROM OUR CEO RACHAEL WILSON



We truly have the most amazing, dedicated volunteers in the city!

I'm amazed to see the number of volunteers who have given over 50, 100, even 200 hours! Every hour given has such an impact on the work of the Ottawa Food Bank.

This year has thrown many obstacles our way, but at every step, you have been there to support us in any way you can. Whether that was through home deliveries, sorting food, or working at the farm, the emergency food banking system operates each day because of the incredible volunteers in this city.

As things begin to open up again, we are hopeful that we will be able to welcome back all volunteers and reintroduce our student summer program - the health and well-being of the volunteers and staff are paramount to the Ottawa Food Bank and we will continue to operate in a way that ensures everyone is safe. Additionally, we are hard at work preparing our new warehouse on Bantree Road. This new, larger space will have greater capacity to accept more food, and will be a wonderful new home for all of our volunteers. We look forward to welcoming you in the new space in the fall of 2022.

This volunteer impact report is truly a celebration of the amazing community that rallies around the Ottawa Food Bank and the network of 112 agencies in this city. I hope in these few pages, you feel how much gratitude and love we have for each and every person who has given of their time to support those in need in our city.

Best wishes and sincere thanks,

Rachael Wilson

Chief Executive Officer | Ottawa Food Bank

A MESSAGE FROM OUR MANAGER OF VOLUNTEER RESOURCES **JO-ANNE TURPLE**



Happy National Volunteer Week to #OttawasBestVolunteers!

The National Volunteer Week theme for 2022, from Volunteer Canada, is *Volunteering Is Empathy in Action* and I can't help but proudly feel this captures the spirit of our Ottawa Food Bank volunteers. Empathy is defined in the Oxford Dictionary as the ability to understand another person's feelings and experiences. I know our volunteers work so hard to support the Ottawa Food Bank because they truly care for the people in our city and share our vision of healthy sustainable food for all.

The last few years have been challenging to say the least. While other organizations were slowing down or shutting down, we got busier, serving the increasing needs of our communities. Our amazing volunteers were right beside us, every step of the way.

Our volunteers continue to sort food in our warehouse, deliver food to those who can't access their community food bank, and help grow fresh produce at our Community Harvest Farm. We have people supporting administrative tasks and serving on committees as well as on our Board of Directors. Our volunteers have also keenly supported the limited food drives and special events we have been able to hold over the last two years.

A summary taken from our [2021-2022 Year in Review](#) shows that while donating over 14,000 volunteer hours. Volunteers help the Ottawa Food Bank to:

- Keep our community provided for and safe with our home delivery hamper program
- Support the city's children and youth by supporting the KickStart After 4 Clubs and Summer Nutrition Program, as well as the Baby Basics Program
- Respond to increased demand for food - up 31% from the previous year
- Provide more healthy and culturally appropriate food, both grown at the farm and purchased
- Innovate programming as we explore programs and partnerships to better address the root causes of food insecurity and appropriate solutions
- Plan for our future with a new home for the Ottawa Food Bank

This year, I'm feeling spring as a true restart. I am excited to welcome Ottawa Food Bank volunteers to their new home so we can continue to work together to better support members of our community.

Thank you to #OttawasBestVolunteers!

Jo-Anne Turple

Manager, Volunteer Resources | Ottawa Food Bank

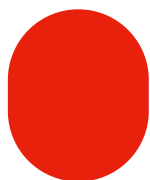
WHAT'S YOUR VOLUNTEER IMPACT?

The Ottawa Food Bank is fortunate to be able to continue working with an incredible network of volunteers. Throughout the pandemic, we have adapted our volunteer program to continue working with incredible groups, individuals, and organizations who are so generous with their time. We are honoured to work with **#OttawasBestVolunteers** - we truly could not help the community as we do without you.



#OTTAWASBESTVOLUNTEERS CONTRIBUTED

14,602 HOURS



1,083

HAMPER
DELIVERY



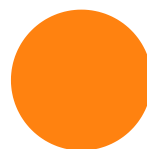
6,975

FOOD
SORTING



5,255

COMMUNITY
HARVEST



543

EVENTS



746

BOARD OF
DIRECTORS

FOOD TO THE COMMUNITY



Your support of the Ottawa Food Bank helped to facilitate our regular programming of providing food and supplies to a network of over 100 member agencies across the city who work hard to meet the need in each of their communities. As the pandemic carries on, these programs continue to rise to the occasion and provide support, day in and day out, for those who need it the most.



OVER 130,000 LBS
HARVESTED FROM THE
COMMUNITY HARVEST FARM



2,500+
PEOPLE PROVIDED
HOME DELIVERY



6,500+ HOURS
OF VOLUNTEER SUPPORT
(MAY-SEPT)



1.7M+
LBS OF FOOD DELIVERED
TO MEMBER-AGENCIES

In addition to our regular distribution of food, your support also helped provide:

- **1,018,100 pounds of emergency hampers** to the community this fiscal year
- **\$117,127 worth of Personal Protective Equipment** since the beginning of the pandemic.



WALL OF FAME

Thank you to every individual who has supported the Ottawa Food Bank with the precious gift of their time. The combination of all your efforts go a long way to creating a better community in Ottawa. At this time, we would like to highlight our dedicated volunteers who excel at sharing their time with the Ottawa Food Bank with our Wall of Fame!

Alex Patch	Darryl MacArthur	Kate Hurman	Rene Vezina
Alexandra Eisnor	David Palframan	Keith Grady	Rhys Williams
Allison Hamilton	Deborah Clarke	Kim Merrett	Richard Wink
Allison Jones	Deborah Eaton-Kent	Laura Davis	Rita Ball
Ann Ervin	Delores Taylor	Lesya Lashuk	Robert Jolicoeur
Anthony Rodger	Diane Burke-Terreau	Linda LeDuc	Ron Rose
Anthony Scullion	Don Thompson	Lori Petts	Rose Thomas
Barbara Morris	Elaine Reynolds	Mahlon Robinson	Steven Savage
Barbara Neuwelt	Elvia Caro	Marc Robinson	Therese Montreuil
Beth Trobridge	Fani Mushkova	Marilyn Amey	Tony Jarrett
Brien Taylor	Gilles Lachaine	Maryse Cloom	Trish Horricks
Brigitte Bill	Ginette Leveillee	Michael O'Shaughnessy	Vivien Runnels
Byatris Kattackal	Graham Clark	Nick Kilty	
Cameron Sinclair	Graham Thomas	Nigel Edmonds	
Carol Mallett	Helene Coupal-Lambert	Pat Black	
Carolyn Pim	Jasmine Macaulay	Patricia Tanner	
Christian Boucher	Jayne Bredin	Paul Blackmore	
Christine Aubry	Justine Brown	Paul Mattacott	
Claire Gorman	Kailin Bertin		
Corey Hill	Karen Noseworthy		
Danick Frost	Karen Trebert		



CORPORATE AND GROUP HONOURABLE MENTION

Ciena
Commvault
MBM Intellectual Property Management
Rogers
Raymond James
Superette
Daughter's of Penelope
CFS Leitrim
Ottawa Korean Church
Jerico Road Ministries
Tzu Chi Canada Foundation
Knights of Columbus

THANK YOU FOR ALL YOU DO

