

Parkdale Food Centre

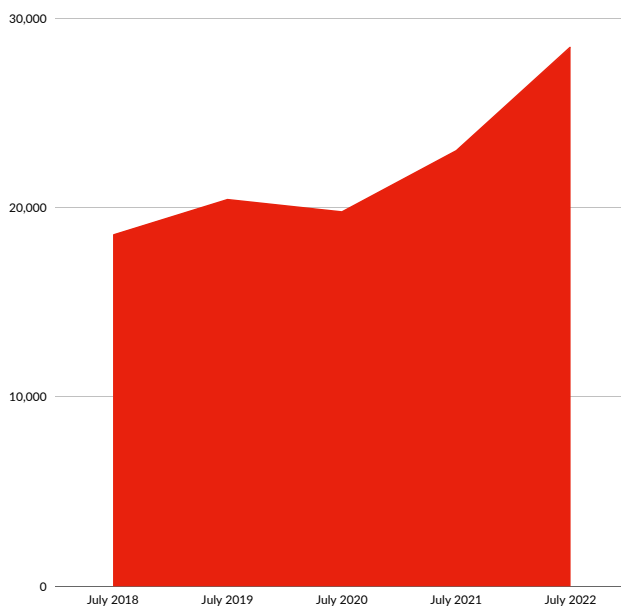
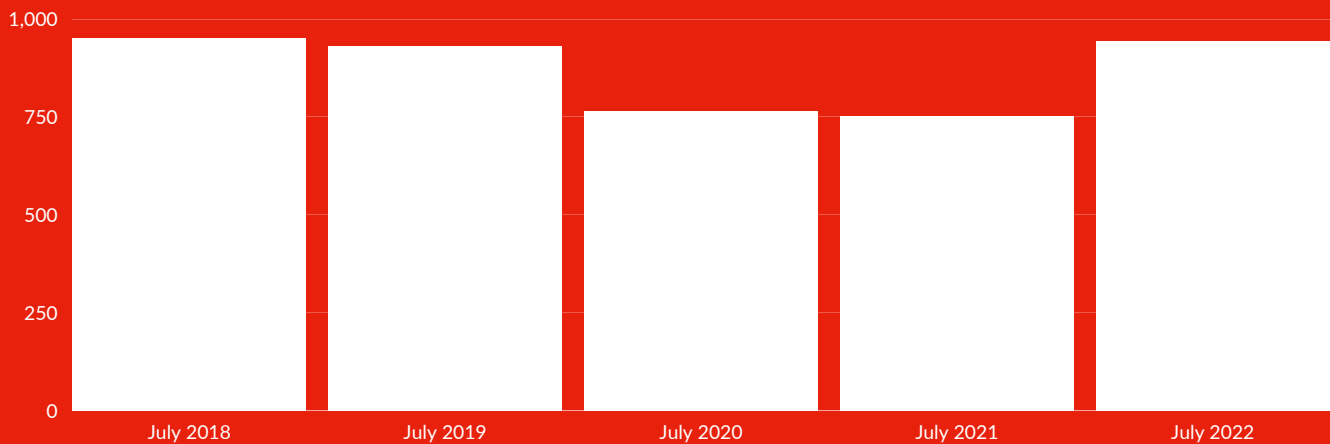


Ottawa Food Bank

At the Parkdale Food Centre, they believe in an Ottawa where everyone has the means and opportunity to live a healthy, connected, and fulfilling life. Their mission is to build healthier, more connected Neighbours and neighbourhoods through good food, innovative community partnerships, and by challenging inequalities in order to create lasting impacts.

[Learn more about Parkdale Food Centre](#)

Number of visits per month A snapshot of July 2018 - 2022



In order to create a more equitable future for everyone in Ottawa, **we need leaders who will prioritize ending food insecurity.**

In July 2018, the Ottawa Food Bank and its network reported **18,553** visits to community and emergency food banks across the city. In July 2022, there were **28,449**.

This represents an increase in need of 54%.

We are extremely concerned about the impacts of poverty on our community - a combination of low income, precarious work and housing, and unaffordability has resulted in a food insecurity crisis in Ottawa.

**This data only includes 27 community food banks and does not include food cupboards, meal programs, After4 programs, or multi-service programs.*

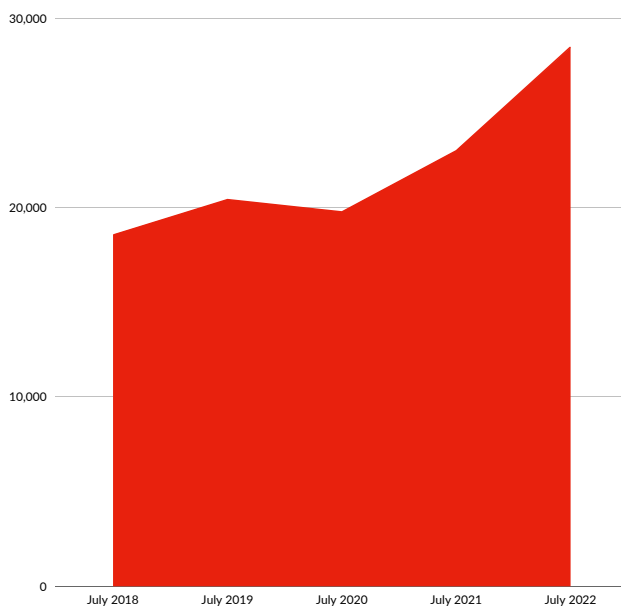
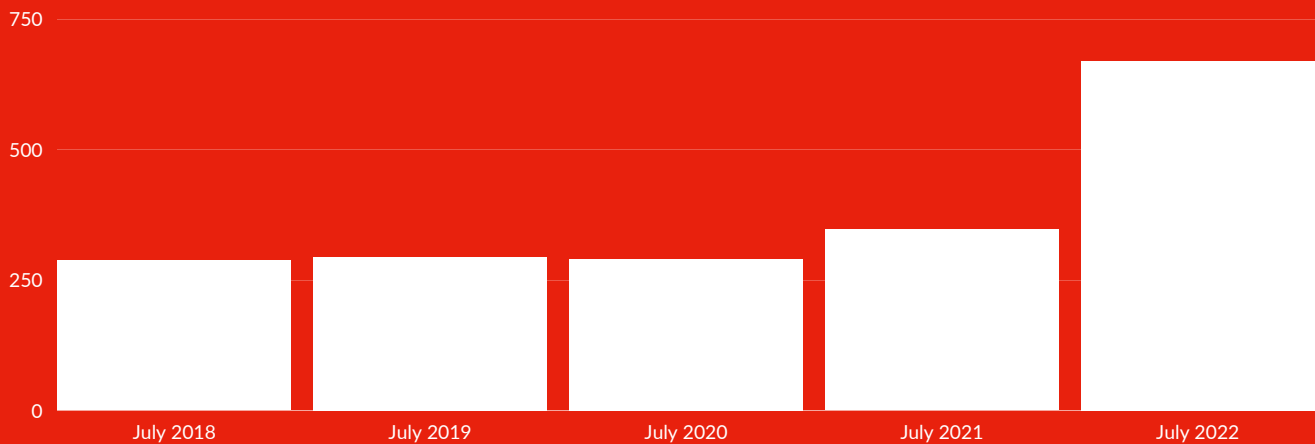
Westboro Region Food Bank



Westboro Region Food Bank is a proud member agency of the Ottawa Food Bank. They provide fresh and non-perishable food and essential supplies to neighbours living in the areas bounded by the Ottawa River, Island Park Drive, Dovercourt Avenue and Broadview Avenue.

[Learn more about Westboro Region Food Bank](#)

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