

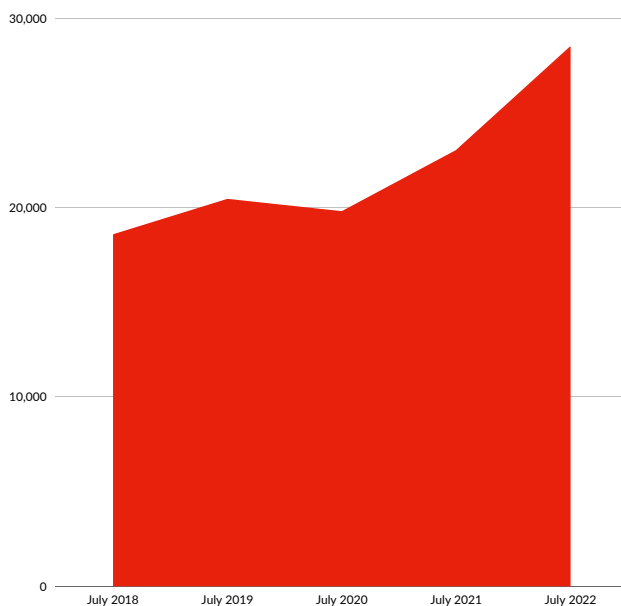
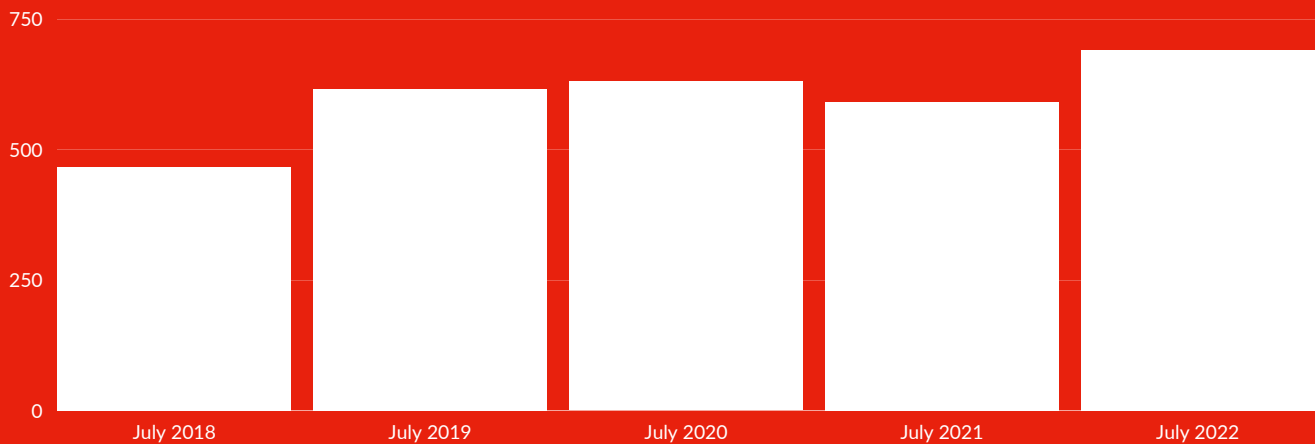
Orleans-Cumberland Food Bank



The food bank provides, once a month, emergency food supplies for 3 to 4 days to low-income individuals and families within the Orleans East, Cumberland, Sarsfield, Vars, Navan and Carlsbad Springs communities.

[Learn more about Orleans-Cumberland Food Bank](#)

Number of visits per month A snapshot of July 2018 - 2022



In order to create a more equitable future for everyone in Ottawa, **we need leaders who will prioritize ending food insecurity.**

In July 2018, the Ottawa Food Bank and its network reported **18,553** visits to community and emergency food banks across the city. In July 2022, there were **28,449**.

This represents an increase in need of 54%.

We are extremely concerned about the impacts of poverty on our community - a combination of low income, precarious work and housing, and unaffordability has resulted in a food insecurity crisis in Ottawa.

**This data only includes 27 community food banks and does not include food cupboards, meal programs, After4 programs, or multi-service programs.*