

LifeCentre Food Bank

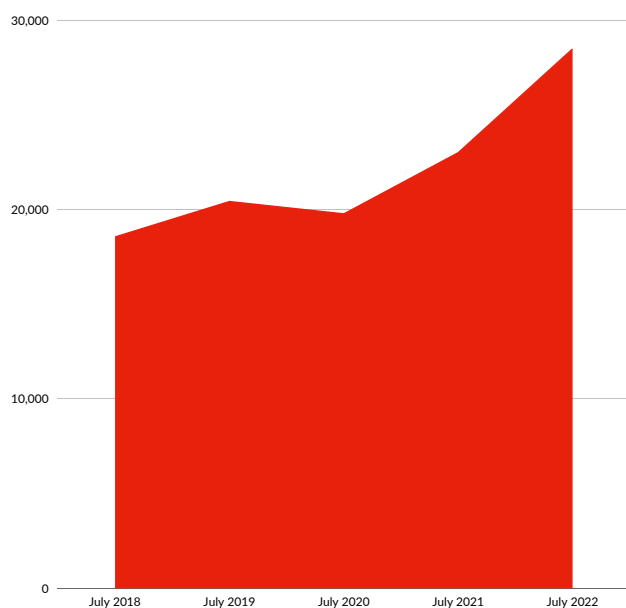
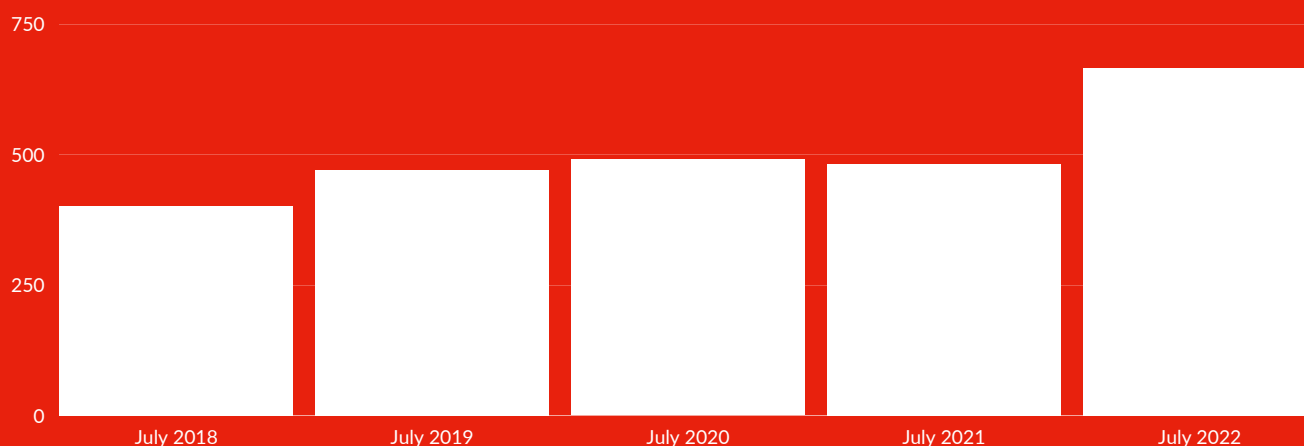


Ottawa Food Bank

As a member agency of the Ottawa Food Bank and proud part of the community, LifeCentre Food Bank makes a difference in our city through food relief, enrichment clinics, school backpacks, Christmas hampers, summer camps, and free clothing pop-up-shops.

[Learn more about LifeCentre Food Bank](#)

Number of visits per month A snapshot of July 2018 - 2022



In order to create a more equitable future for everyone in Ottawa, **we need leaders who will prioritize ending food insecurity.**

In July 2018, the Ottawa Food Bank and its network reported **18,553** visits to community and emergency food banks across the city. In July 2022, there were **28,449**.

This represents an increase in need of 54%.

We are extremely concerned about the impacts of poverty on our community - a combination of low income, precarious work and housing, and unaffordability has resulted in a food insecurity crisis in Ottawa.

**This data only includes 27 community food banks and does not include food cupboards, meal programs, After4 programs, or multi-service programs.*



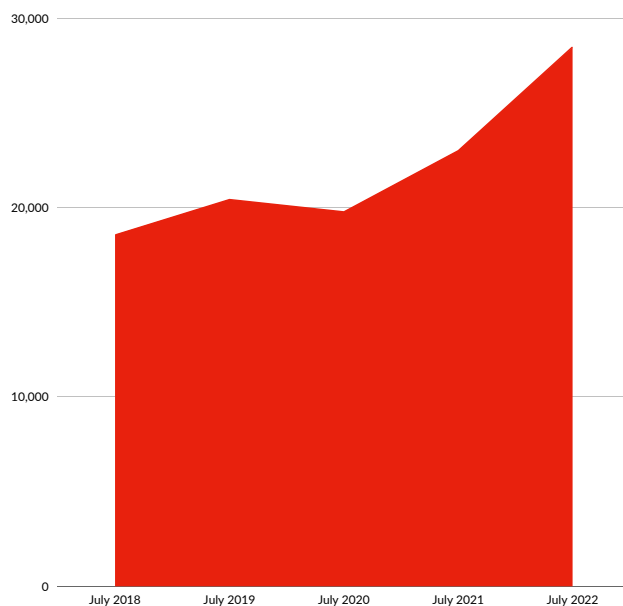
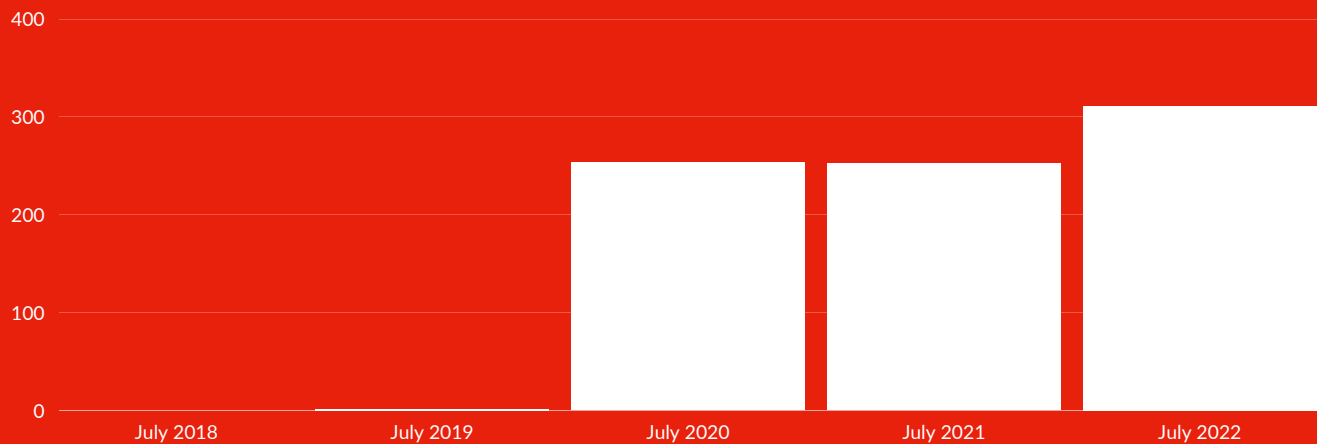
Ottawa Food Bank

Community Compassion Centre

Founded in 2019, the Community Compassion Centre is a member agency of the Ottawa Food Bank and serves individuals who live in the K1C District. Their mission is to provide food and assistance to those who need support.

[Learn more about Community Compassion Centre](#)

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