



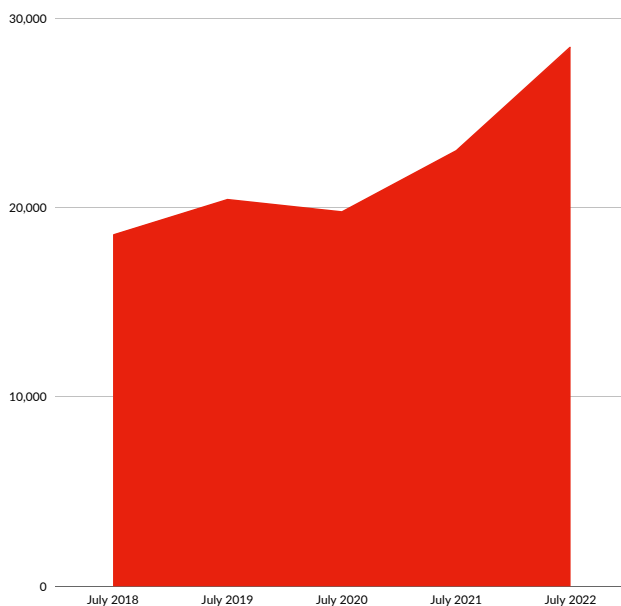
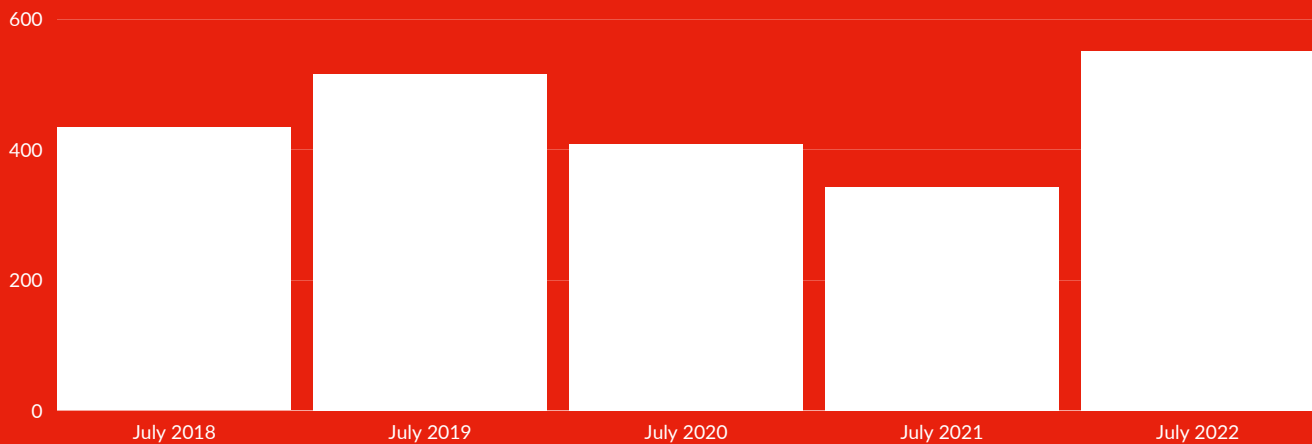
Ottawa Food Bank

Morrison Gardens Emergency Food Centre

Access to nutritious and nourishing food positively impacts health and well-being. Morrison Gardens is a community of over 390 residents. Pinecrest-Queensway Community Health Centre runs three food banks: Foster Farm, Morrison Gardens, and Pinecrest Terrace.

[Learn more about Morrison Gardens Emergency Food Centre](#)

Number of visits per month A snapshot of July 2018 - 2022



In order to create a more equitable future for everyone in Ottawa, **we need leaders who will prioritize ending food insecurity.**

In July 2018, the Ottawa Food Bank and its network reported **18,553** visits to community and emergency food banks across the city. In July 2022, there were **28,449**.

This represents an increase in need of 54%.

We are extremely concerned about the impacts of poverty on our community - a combination of low income, precarious work and housing, and unaffordability has resulted in a food insecurity crisis in Ottawa.

**This data only includes 27 community food banks and does not include food cupboards, meal programs, After4 programs, or multi-service programs.*

Pinecrest Terrace Community House

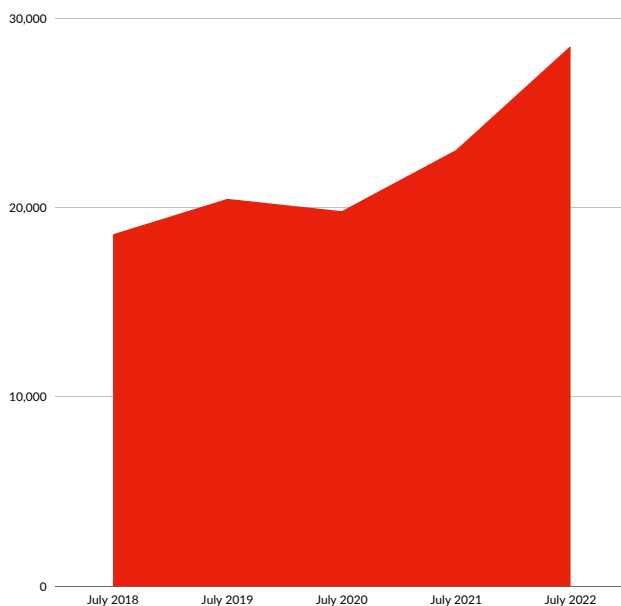
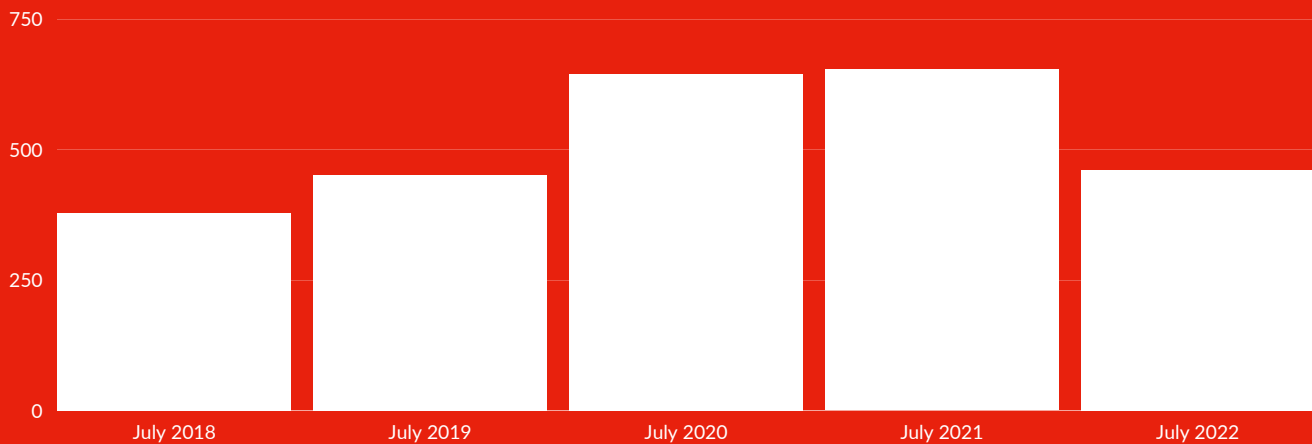


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Pinecrest Terrace Community House is a welcoming space right in the neighbourhood where the tenants from Pinecrest Terrace Community (and low-income residents from the surrounding area) can access computers, scanners and printers and drop in for a variety of programs and special events. Their staff and volunteer team help community members learn about programs and services available to them and help refer them to other organizations. They provide a wide range of services designed to meet the needs of the diverse people they serve.

[Learn more about Pinecrest Terrace Community House](#)

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