

## **MOST NEEDED ITEMS**



NUT BUTTERS



CANNED FISH OR VEGETABLES



**LENTILS** 



**RICE** 



PASTA & PASTA SAUCE



DIAPERS (SIZES 1, 2 & 3)

PLEASE THINK HEALTHY CHOICES WHEN PICKING YOUR NON-PERISHABLE FOOD ITEMS.



Ottawa Food Bank
La Banque d'alimentation d'Ottawa

THANK YOU FOR

YOUR DONATION

613-745-7001 ottawafoodbank.ca



We are holding a food drive for the Ottawa Food Bank.

Starts: \_\_\_\_\_ Ends: \_\_\_\_

Please bring donations to: \_\_\_\_\_

613-745-7001 OttawaFoodBank.ca

